

PRODUCT #11882

DIRECTIONS: As a dietary supplement, take three (3) capsules before bed. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: If you have a medical condition, are planning any medical procedure, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially SSRIs, MAO inhibitors, anti-depressants, sedatives, or drugs for Parkinsons or psychiatric disorders), consult your healthcare professional before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. Keep out of reach of children.

Consumer Information Services
Voice Mail: 800-845-2730
michaelshealth.com

Certified by: Rabbi Alan Silver, M.D. 
Orthodox Jewish Council

Made in a GMP facility that processes fish, milk, shellfish, soy and wheat products.

Made in the U.S.A.
Family owned and operated.

✧ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

sleep factors™

90 vegan & kosher capsules
comprehensive dietary
supplement

tried & truthful



Supplement Facts

Serving Size: Three (3) Veggie Caps
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Niacin (as Niacinamide)	10 mg	63%
Biotin	50 mcg	167%
Calcium (as Calcium Citrate)	200 mg	15%
Magnesium (as Magnesium Citrate)	200 mg	48%

Proprietary Bend	300 mg	*
Inositol, 5-HTP (5-Hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (Seed), American Skullcap (Aerial Parts) (<i>Scutellaria lateriflora</i>), Hops Flower (<i>Humulus lupulus</i>) and Passionflower (Leaf and Flower) (<i>Passiflora incarnata</i>)		

Melatonin	300 mcg	*
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*Daily Value not established.

OTHER INGREDIENTS: Cellulose, Rice Flour, Vegetable Magnesium Stearate and Dicalcium Phosphate.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233
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