

Natrol® Advanced Sleep Melatonin 10mg:

- 2-Layer Tablet - outer layer releases Melatonin quickly to help you fall asleep faster, followed by the controlled release of an inner layer to help you sleep through the night†
- Contains Vitamin B-6 to support the body's natural production of Melatonin†
- Helps establish normal sleep patterns†
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: You may experience some residual drowsiness. If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**NATROL®**

Melatonin

ADVANCED SLEEP

Fall Asleep Faster,
Stay Asleep Longer†

100% Drug-Free

10mg

MAXIMUM STRENGTH



TIME RELEASE

VALUE SIZE

100 TABLETS



VEGETARIAN

DIETARY SUPPLEMENT

Directions: Take 1 tablet 20 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

Amount Per Serving		%DV
Vitamin B-6 (as Pyridoxine HCl)	10 mg	590%
Calcium (from Dibasic Calcium Phosphate)	23 mg	2%
Melatonin	10 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Methylcellulose, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Hypromellose, Glycerin.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors, Flavors or Preservatives

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Manufactured by **NATROL LLC**
Chatsworth, CA 91311, USA

1-800-2-NATROL (800-262-8765)

www.natrol.com

LOT/EXP: