

Biotin supports the metabolism of carbohydrates, fats and proteins for energy use.* Super Potency Biotin is designed to provide ample amounts of this essential nutrient to maximize its benefits.* Biotin also helps to support healthy hair, skin and nails.*

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 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 13430 B29618 05E

NATURE'S  BOUNTY®

SUPER POTENCY

1 PER DAY
SOFTGEL

Biotin

5000mcg

Supports Healthy:

- ◆ Carbohydrate, Fat & Protein Metabolism*
- ◆ Hair, Skin & Nails*

**RAPID RELEASE
LIQUID SOFTGEL**



60 softgels

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Biotin 5,000 mcg (5 mg) (as d-Biotin)	1,667%

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax, Titanium Dioxide Color.

No Artificial Flavor or Sweetener,
No Preservatives, **No** Sugar, **No** Starch,
No Milk, **No** Lactose, **No** Gluten,
No Wheat, **No** Yeast, **No** Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
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Bohemia, NY 11716 U.S.A.
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