

PRODUCT #05008

DIRECTIONS: As a dietary supplement, take before bedtime with juice or food. Adults—four (4) tablets; Teens – two (2) tablets; Pre-Teens – one (1) tablet. Dosage may be increased as directed by a healthcare practitioner.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

Consumer Information Services
Voice Mail: 800-845-2730
michaelshealth.com

Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council



**OptiZinc® and ChromeMate®
are Trademarks of InterHealth
Nutraceuticals, Inc.

***ConcenTrace® is a Trademark of
Trace Minerals Research.

Made in a GMP facility that processes
egg, fish, milk, shellfish, soy, tree nut
and wheat products.

Made in the U.S.A.
Family owned and operated.

WARNING: Accidental overdose of
iron-containing products is a leading
cause of fatal poisoning in children
under six. KEEP THIS PRODUCT OUT
OF REACH OF CHILDREN. In case of
accidental overdose, call a physician
or Poison Control Center immediately.

michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

essential minerals™

120 vegan & kosher tablets
comprehensive mineral
supplement

tried & truthful



Supplement Facts

Serving Size: Four (4) Tablets
Servings Per Container: 30

Amount Per Serving		% Daily Value
Calcium (as Calcium Citrate)	400 mg	31%
Iron (as Iron Amino Acid Chelate†)	2 mg	11%
Iodine (from Kelp)	120 mcg	80%
Magnesium (as Magnesium Citrate)	400 mg	95%
Zinc (as Zinc Monomethionine**)	16 mg	145%
Selenium (as L-Selenomethionine)	12 mcg	22%
Manganese (as Manganese Amino Acid Chelate)	8 mg	348%
Chromium (as Chromium Polynicotinate**)	20 mcg	57%
Potassium (as Potassium Amino Acid Chelate)	80 mg	2%
Betaine Hydrochloride	100 mg	*
ConcenTrace®*** Alfalfa	24 mg	*
(Ionic Trace Mineral Complex from the Great Salt Lake, 72 naturally occurring minerals, plus other minerals found in seawater)		

*Daily Value not established.

OTHER INGREDIENTS: Stearic Acid, Dicalcium Phosphate, Microcrystalline Cellulose, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

†Contains soy.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233
A Division of Inner Health Group, Inc.

❖ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

H063017

Scan for more product information.



7 55929 05008 6