

LEMON BALM

Melissa officinalis

Promotes Nervous
System Balance*

2 fl. oz. (60 mL)
HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST

Suggested use: 60-100 drops
(3-5 mL) in juice or water.
Take 4 times per day.
Shake well before using.

Supplement Facts

Serving size 100 drops (5 mL)
Servings per container 12

Amount Per Serving

Fresh Lemon Balm flowering tops †
extract 5 mL †

† Daily value not established.

Other ingredients: Distilled water,
ethyl alcohol †.

Botanical Preparation Ratio 1:2.5
† Certified Organic

KEEP OUT OF CHILDREN'S REACH

*This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

Herbalist & Alchemist, Inc.
Washington, NJ 07882
800-611-8235
www.herbalist-chemist.com

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Best By: 06/19



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