SUGGESTED USE: 2 cansules twice daily with food or as directed by P H Y S I C I your health care professional.

Bone Nutrients provides easy-to-absorb forms of calcium, magnesium. and horon and selected vitamins. Bone Nutrients enhances the comprehensive nutritional benefits of multiple vitamin/mineral supplements, and when taken together these two formulas offer. more comprehensive calcium and magnesium support.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. Keep out of reach of children.

This product was made in a GMP and ISO 9001:2008 registered facility.

Find Other Effective Health Products At: www.SeekingHealth.com

Manufactured for and Distributed by:

Seeking Health 3140 Mercer Ave. Bellingham, WA 98225 (800) 547-9812



## Seeking Health® **Bone Nutrients**



120 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size 2 Capsules Servings Per Container 60

Amount Per Two Capsules	% Da	% Daily Value	
Vitamin D <sub>3</sub> (as cholecalciferol)	200 I.U.	50%	
Vitamin K (50% as vitamin K <sub>1</sub> phytonadione, 25% as vitamin K <sub>2</sub> menaquinone-4, and 25% as vitamin K <sub>2</sub> menaquinone-7)	200 mcg	250%	
Calcium (as calcium citrate-malate)	250 mg	25%	

25%

Boron (as boron aspartate-citrate)	0.5 mg	,

Magnesium (as TRAACS® magnesium 100 mg

bisglycinate chelate, magnesium

oxide\*\*)

\*Daily Value not established Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, and L-leucine.

\*\*Albion® Laboratories DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans,

Contains no artificial colors, flavors, or preservatives,