

SUGGESTED USE: 1 capsule daily with food or as directed by your health care professional.

Biotin is an essential water-soluble B-vitamin.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. Keep out of reach of children.

This product was made in a GMP and ISO 9001:2008 registered facility.

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P H Y S I C I A N F O R M U L A T E D



SeekingHealth®

Biotin 5

Dietary Supplement

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Capsule	% Daily Value	
Biotin USP	5 mg	1667%

Other ingredients: Cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, and silicon dioxide.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, and soybeans. Contains no artificial colors, flavors, or preservatives.