

Benfotiamine is a lipid-soluble derivative of vitamin B₁ (thiamine) with high bioavailability. It is better absorbed than water-soluble forms of thiamine and has an estimated bioavailability of up to 3.6 times as high as compared to thiamine hydrochloride, making benfotiamine especially useful for people with absorption difficulties.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. Keep out of reach of children.

This product was made in a GMP and ISO 9001:2008 registered facility.

Find Other Effective Health Products At:
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Manufactured for and Distributed by:

Seeking Health
3140 Mercer Ave.
Bellingham, WA 98225
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P H Y S I C I A N F O R M U L A T E D



Seeking Health® Benfotiamine

Vitamin B₁ Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Capsule	% Daily Value	
Benfotiamine	150 mg	10000%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, L-leucine, and silicon dioxide.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.

SUGGESTED USE: 1 capsule daily with food or as directed by your health care professional.