Mineral Complement:
05008 ESSENTIAL MINERALS – 120 TABS
05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04302

DIRECTIONS: As a dietary supplement, take three (3) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

Consumer Information Services
Voice Mail: 800-845-2730
michaelshealth.com
A Division of Inner Health Group, Inc.

Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council
"PARVE"

†From Lanolin.

**Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent No. 7,947,662.

Quatrefolic®

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

NEW Smaller Size Tablets

for women
daily multi vitamin

180 vegetarian & kosher tablets

comprehensive dietary supplement

tried & truthful

Supplement Facts

Serving Size: Three (3) Tablets
Servings Per Container: 60

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	4500 mcg	500%
Vitamin C (as Calcium Ascorbate)	300 mg	333%
Vitamin D3 (as Cholecalciferol†)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha Tocopherol Succinate)	134 mg	893%
Thiamin (as Thiamin Mononitrate)	60 mg	5000%
Riboflavin	60 mg	4615%
Niacin (as Niacinamide)	100 mg	625%
Vitamin B6 (as Pyridoxine Hydrochloride)	60 mg	3529%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 100 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt **)	50 mcg DFE	13%
Vitamin B12 (as Methylcobalamin)	150 mcg	6250%
Biotin	150 mcg	500%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	2000%
Choline (as Choline Bitartrate)	100 mg	18%
Calcium (as Calcium Ascorbate)	36.5 mg	3%
Iodine (from Kelp)	150 mcg	100%
Proprietary Blend	**985 mg**	*

Dong Quai Root (*Angelica sinensis*), Dandelion Root (*Taraxacum officinale*), Flax Seed, Inositol, Licorice Root (*Glycyrrhiza glabra*), Wild Yam Root (*Dioscorea villosa*), PABA (Para-aminobenzoic Acid), Blessed Thistle (Whole Plant) (*Cnicus benedictus*), Partridge Berry (*Mitchella repens*), Red Raspberry Leaf (*Rubus idaeus*), Betaine Hydrochloride, Hesperidin and Rutin

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

MANUFACTURED FOR **MICHAEL'S® NATUROPATHIC PROGRAMS**
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233

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Scan for more product information.

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