

SUGGESTED USE: Take 1 capsule anytime with or without food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

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Manufactured for and Distributed by:

Seeking Health
3140 Mercer Ave
Bellingham, WA 98225
(800) 547-9812



P H Y S I C I A N F O R M U L A T E D



Seeking Health®
**Ashwagandha
Extract**

Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Ashwagandha Extract (<i>Withania somnifera</i>)(root)(5% withanolides)	420 mg	*

* % Daily Value Not Established.

Other Ingredients: HPMC (capsule), ascorbyl palmitate, L-Leucine, and silica.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, or gluten.

Ashwagandha Extract Meets or Exceeds cGMP Quality Standards.

REV. 051316
ZCL-SKGHEALTH-019-01

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