

Natural D-Hist Capsules

SUGGESTED USE: Loading Dose: 2 capsules three times per day for 7-10 days. Maintenance: 2 or more capsules per day or as recommended by your health care professional.

Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if box is open or blister seals are damaged.

SPOT PLATE

Supplement Facts^{VI}

Serving Size 2 Capsules
Servings Per Container 5

2 capsules contain	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid USP)	300 mg	500%
Quercetin Dihydrate	400 mg	*
Stinging Nettles Leaf	400 mg	*
Bromelain (2,400 GDU/g) (from Pineapple)	100 mg	*
N-Acetyl-L-Cysteine USP	50 mg	*

* Daily Value not established

Natural Vegetable Capsules,
Magnesium Stearate, Silicon
Dioxide, and Stearic Acid.



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Won't Cause Drowsiness!



Because Efficacy Matters

NATURAL D-HISTTM

10 Capsules
Dietary Supplement

Enjoy the Outdoors Once Again!