

Mineral Complement:

05008 ESSENTIAL MINERALS – 120 TABS

05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04002

DIRECTIONS: As a dietary supplement, take two (2) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.

Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

Consumer Information Services

Voice Mail: 800-845-2730

michaelshealth.com

A Division of Inner Health Group, Inc.

Certified by: Rabbi Alan Silver, M.D.

Orthodox Jewish Council

†From Lanolin.

**Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent No. 7,947,662.



Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

for men

daily multi vitamin

120 vegetarian & kosher tablets
comprehensive dietary
supplement

tried & truthful

**Supplement Facts**

Serving Size: Two (2) Tablets

Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin A (as Beta Carotene)	4500 mcg	500%
Vitamin C (as Calcium Ascorbate)	300 mg	333%
Vitamin D3 (as Cholecalciferol†)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha Tocopherol Succinate)	134 mg	893%
Thiamin (as Thiamin Mononitrate)	75 mg	6250%
Riboflavin	75 mg	5769%
Niacin (as Niacinamide)	150 mg	938%
Vitamin B6 (as Pyridoxine Hydrochloride)	75 mg	4412%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 250 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt **)	125 mcg DFE	31%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%
Biotin	500 mcg	1667%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	3000%
Choline (as Choline Bitartrate)	150 mg	27%
Calcium (as Calcium Ascorbate)	36 mg	3%
Iodine (from Kelp)	150 mcg	100%

Proprietary Blend 985 mg

Inositol, Saw Palmetto Berry (*Serenoa serrulata*), Flax Seed Extract (55% alpha-Linolenic Acid), Asian Ginseng Root (*Panax ginseng*), Damiana Leaf (*Turnera diffusa* var. *aphrodisiaca*), Dandelion Root (*Taraxacum officinale*), Licorice Root (*Glycyrrhiza glabra*), PABA (Para-aminobenzoic Acid), Pumpkin Seed (*Cucurbita pepo*), Parsley Leaf (*Petroselinum sativum*), Betaine Hydrochloride, Hesperidin and Rutin

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Dicalcium Phosphate, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS
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Scan for more product information.



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