

Mineral Complement:

05008 ESSENTIAL MINERALS – 120 TABS

05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04000

DIRECTIONS: As a dietary supplement, take two (2) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

Consumer Information Services

Voice Mail: 800-845-2730

michaelshealth.com

A Division of Inner Health Group, Inc.

Certified by: Rabbi Alan Silver, M.D.

Orthodox Jewish Council



†From Lanolin.

**Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent No. 7,947,662.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.

michael's®

naturopathic programs

HEALTHCARE SOLUTIONS SINCE 1984

for men

daily multi vitamin

60 vegetarian & kosher tablets

comprehensive dietary supplement

tried & truthful



Supplement Facts

Serving Size: Two (2) Tablets

Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	4500 mcg	500%
Vitamin C (as Calcium Ascorbate)	300 mg	333%
Vitamin D3 (as Cholecalciferol†)	20 mcg (400 IU)	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	133 mg	887%
Thiamin (as Thiamin Mononitrate)	75 mg	6250%
Riboflavin	75 mg	5769%
Niacin (as Niacinamide)	150 mg	938%
Vitamin B6 (as Pyridoxine Hydrochloride)	75 mg	4412%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 250 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt**)	125 mcg DFE	31%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,333%
Biotin	500 mcg	1667%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	3000%
Calcium (as Calcium Ascorbate)	38 mg	3%
Iodine (from Kelp)	150 mcg	100%
Choline (as Choline Bitartrate)	150 mg	27%

Proprietary Blend	985 mg	*
Inositol, Saw Palmetto Berry (<i>Serenoa serrulata</i>), Flax Seed Extract (55% alpha-Linolenic Acid), Asian Ginseng Root (<i>Panax ginseng</i>), Damiana Leaf (<i>Tournefortia diffusa</i> var. <i>aphrodisiaca</i>), Dandelion Root (<i>Taraxacum officinale</i>), Licorice Root (<i>Glycyrrhiza glabra</i>), PABA (Para-aminobenzoic Acid), Pumpkin Seed (<i>Cucurbita pepo</i>), Parsley Leaf (<i>Petroselinum sativum</i>), Betaine Hydrochloride, Hesperidin and Rutin		

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Dicalcium Phosphate, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS

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Scan for product information.



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