SUGGESTED USE: Take 1 capsule when needed with or without food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

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Bellingham, WA 98225 (800) 547-9812





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Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 100

Amount Per Serving % Daily Value

5-HTP (5-hydroxytryptophan) (from Griffonia simplicifolial(seed)

* % Daily Value Not Established.

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), ascorbyl nalmitate and silica

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, GMO, pluten, or artificial colors.

5-HTP Meets or Exceeds cGMP Quality Standards.

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