PRODUCT #01284

DIRECTIONS: As a dietary supplement, take four (4) tablets with breakfast or, for optimal results, take two (2) tablets with breakfast and two (2) tablets with breakfast and two (2) tablets with lunch. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

WARNING: Keep out of reach of children. This product contains a chemical known to the State of California to cause birth defects or other reproductive barm.

Consumer Information Services Voice Mail: 800-845-2730 michaelshealth.com

Certified by: Rabbi Alan Silver, M.D. Orthodox Jewish Council

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A. Family owned and operated.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. michael's® naturopathic programs

now with BORON

women's changes™

180 vegan & kosher tablets comprehensive dietary supplement

tried & truthful



Supplement Facts Serving Size: Four (4) Tablets

Servings per Container: 45 Amount Per Serving % Daily Value Vitamin C (as Calcium Ascorbate) 150 mg 167% Vitamin E 100 mg (as d-alpha Tocopherol Succinate) Vitamin B6 (as Pyridoxine Hydrochloride) 100 ma 5882% Pantothenic Acid 150 mg 3000% (as d-Calcium Pantothenate) Calcium (as Calcium Amino Acid Chelate 100 ma and Calcium Ascorbate) lodine (from Kelp) 100% Magnesium 100 mg

(as Magnesium Amino Acid Chelate Proprietary Blend

1.75 g (1753 mg)

WildYam Root (Dioscorea villosa), Red Clover Extract (Aerial Part) (Tillollum pratense) (8% Flavones), Licorice Root (Glycyrhitoglabra), Organic Dong Qual Root (Angelica sinensis), Organic Passionflower (Aerial Part) (Passillora incarnata), PABA (Paraminobengoic Acid) and Boron (as Boron Amion Acid Chelate)

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

MANUFACTURED FOR

MICHAEL'S® NATUROPATHIC PROGRAMS 6003 RANDOLPH BLVD, SAN ANTONIO, TX 78233 A Division of Inner Health Group, Inc.

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