



AMOUNTS
PER
SERVING

PROTEIN
52g

CALORIES
1280

CARBS
246g

FAT
9g

SUGAR
24g

BCAAs
10.9g

LEUCINE
5.2g

Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.



SUPER MASS GAINER IS FORMULATED FOR ONE THING: MASSIVE GAINS.

TAKE THE GUESSWORK OUT OF CALORIE INTAKE.

Gaining muscle mass and size can be very challenging, especially when you have a fast metabolism or find it difficult to consume enough calories and protein during the day. Super Mass Gainer is a high-quality mass and size gainer that is loaded with enough protein, BCAAs, calories, and other nutrients to help even the hardest gainers pack on mass and size. Unlike many other mass gainers out there, Super Mass Gainer also tastes delicious and has amazing mixability!

Super Mass Gainer is a powerhouse combination of 10.9 grams of BCAAs with 5.2 grams of leucine and 1 gram of Creatine Monohydrate. Super Mass Gainer also has a blend of vitamins and minerals to aid in balanced nutrition.

Available in a variety of delicious flavors, Super Mass Gainer is the perfect support for the most intense resistance training goals.

RESEARCH AND DEVELOPMENT

Dymatize® protein formulas are based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

Known worldwide for quality, taste and purity, Super Mass Gainer is made from high-quality ingredients and is produced to our highest quality standards.

GET DYMATIZED™



GOURMET VANILLA
naturally and artificially flavored

20mm High Distortion Area



Dymatize®

NET WT 6 LB (2.7 kg)

SOLED BY WEIGHT NOT VOLUME

CALORIES
1280

PROTEIN
52g

BCAAs
10.9g

LEUCINE
5.2g

SUPER MASS GAINER™

HIGH PROTEIN & CARB BLEND DIETARY SUPPLEMENT

8 SERVINGS
BANNED SUBSTANCE TESTED • GLUTEN FREE

GOURMET VANILLA
naturally and artificially flavored

Notice: Use this product as a food supplement only. Do not use for weight reduction.



PERFECTING ATHLETIC NUTRITION™

Supplement Facts

Serving Size: 215 Cups (333 g)
Servings Per Container: About 8

Savings for Customer: about 0				
	With 20oz Water		With 20oz Whole Milk	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	1280		1870	
Calories from Fat	90		390	
Total Fat	9 g	14%	41 g	63%
Saturated Fat	2 g	10%	20 g	100%
Cholesterol	140 mg	47%	240 mg	80%
Total Carbohydrate	246 g	85%	293 g	98%
Dietary Fiber	<1 g	2%	<1 g	2%
Sugars	24 g	4%	74 g	14%
Protein	52 g	104%	83 g	166%
Vitamin A	3200 IU	64%	4700 IU	94%
Vitamin C	52 mg	87%	52 mg	87%
Vitamin E	21 IU	70%	21 IU	70%
Thiamin	0.8 mg	40%	1 mg	67%
Riboflavin	0.2 mg	12%	1.7 mg	100%
Niacin	15 mg	75%	15 mg	75%
Vitamin B6	1.5 mg	75%	1.8 mg	90%
Folate	340 mcg	85%	360 mcg	95%
Vitamin B12	1.5 mcg	30%	3.8 mcg	95%
Paraethenic Acid	8 mg	80%	11 mg	110%
Calcium	1700 mg	110%	2700 mg	270%
Iron	0.8 mg	3%	0.9 mg	3%
Phosphorus	700 mg	70%	1470 mg	147%
Iodine	150 mcg	100%	150 mcg	100%
Magnesium	75 mg	19%	165 mg	41%
Sodium	450 mg	19%	880 mg	39%
Potassium	690 mg	20%	1960 mg	56%
Creatine Monohydrate	1 g	**		

* Percent Daily Values are based on a 2,000 calorie diet.
** Clearly Data not established.

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** Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, MICELLAR CASEIN), SUGAR, CREAMER, SUGAR, OIL, MALTODEXTRIN, SODIUM CASEINATE, MONO & DIGLYCERIDES, NATURAL TOCOPHEROLS AND TRICALCIUM PHOSPHATE, FRUCTOSE, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN & MINERAL BLEND (TRICALCIUM PHOSPHATE, CALCIUM, SODIUM ASCORBATE, VITAMIN C, D-ALPHA-TOCOPHEROL, ACETATE, VITAMIN E), NACONAMIDE, VITAMIN B3, RETINOL PALMITATE, VITAMIN A, CALCIUM-D-PANTOTHENATE, VITAMIN B5, POTASSIUM IODIDE, IODINE, FOLIC ACID, VITAMIN B6, MALTODEXTRIN, PHOSPHORUS, HYDROXYLORIDE, VITAMIN B12, THIAMINE HYDROCHLORIDE, VITAMIN B1, RIBOFLAVIN, VITAMIN B2, CYANOCOBALAMIN, VITAMIN B12, GLUCAM, CELLULOSE, GLUCAM, XANTHAN GUM, CARBAGEZAN, POTASSIUM CHLORIDE, SOY LECITHIN, ACESULFAME, POTASSIUM, SUCRALOSE, SUGAR, SUGAR, SUGAR.

CONTAINS: MILK & SOY

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888) 384-5326

DIRECTIONS: Add 2 1/2 cups of Super Mass Gainer to 24-32 oz. of water or 32 oz. of whole milk. Blend for 30-45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds.

Note: Using milk will provide a thicker, creamier, higher-calorie shake.
Shaker-cup friendly when using 1/2 serving or less. Shake for 30-45 seconds to allow for proper mixing.

TOTAL MACROS & AMINO ACID INFORMATION PER SERVING

CALORIES 1280	1280 CALORIES Are calories essential to gaining muscle? Yes! Especially for those with high metabolisms or who find it difficult to eat enough quality calories throughout the day. Calories are essential to gaining and sustaining muscle mass because they prevent your hard-earned muscle gains from being used as fuel during periods of heavy training.
FAT 9g	52g PROTEIN Advanced Protein Blend. Muscles are composed of protein, and it should go without saying that consuming quality protein throughout the day is an important component to achieving your muscle mass goals. Super Mass Gainer contains a blend of high-quality slow and fast-digesting proteins to feed your muscles quickly.
CARBS 246g	10.9g BCAAs INCLUDING LEUCINE Why Leucine? Leucine is the BCAA that is important to Muscle Protein Synthesis.
PROTEIN 52g	
2:1 RATIO BCAAs 10.9g	
LEUCINE 5.2g	

MADE IN THE USA
FROM DOMESTIC AND
INTERNATIONAL SOURCES

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

CONSULT WITH A PHYSICIAN PRIOR TO
USE IF YOU HAVE ANY MEDICAL
CONDITIONS. DO NOT USE IF PREGNANT
OR LACTATING. USE ONLY AS DIRECTED.
KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM



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