

Natrol® Melatonin 3mg:

- Helps establish normal sleep patterns†
- Contains Vitamin B-6 to support the body's natural production of Melatonin†
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 16068.911 F: 3000208 L: 2008809-17158

**NATROL®**

Melatonin

SLEEP

Fall Asleep Faster,
Stay Asleep Longer†

100% Drug-Free

3mg



VEGETARIAN

VALUE SIZE

240 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet 20 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 240

Amount Per Serving		%DV
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	590%
Calcium (from Calcium Carbonate)	63 mg	4%
Melatonin	3 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Cellulose Gum, Maltodextrin, Gum Arabic, Hypromellose.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

Manufactured by NATROL LLC
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www.natrol.com