

SUGGESTED USE: 4 capsules per day with food or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.** This product was sealed for your protection. Do not use if outer seal or inner-seal is missing or damaged.

WARNING: All forms of Vitamin K may interact with blood thinning medications. If you are taking such medicines please consult with your physician before taking this product.

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DO NOT ACCEPT IF LABEL SHOWS SIGNS OF TAMPERING



Product #151240
Label ID L-DMP100-151240-S



Quotrefolic®

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ALBION



ICPITAL



Because Efficacy Matters™

Alpha Base Capsules with Iron

ESSENTIAL VITAMINS

240 Capsules
Dietary Supplement

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

4 capsules contain	Amount Per Serving	% Daily Value
Vitamin A (as Retinene® Natural Mixed Carotenoids, Palmitate)	7,500 IU	150%
Vitamin C (as Calcium Ascorbate USP, Ascorbic Acid USP)	500 mg	833%
Vitamin D3 (as Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-Alpha Tocopherol Succinate USP)	100 IU	333%
Vitamin K1 (K1 as Phytonadione, K2 as Menaquinone-7 (MK-7))	82.5 mcg	78%
Thiamin (Vitamin B1 (from Thiamine Hydrochloride USP))	25 mg	1,667%
Riboflavin (Vitamin B2 USP)	25 mg	1,471%
Niacin (as Niacin USP, Nicotinamide USP)	25 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride USP)	37 mg	1,850%
Folate (as Quatrefolic® (5S-5-Methyltetrahydrofolate acid glucosamine salt))	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	500 mcg	8,333%
Biotin	200 mcg	67%
Pantothenic Acid (as d-Calcium Panthothenate USP)	100 mg	1,000%
Calcium (as Dicalcium Phosphate, Calcium Ascorbate USP, d-Calcium Pantothenate USP)	100 mg	10%
Iron (as Ferrochel® Ferrous Bisglycinate Chelate)	15 mg	83%
Iodine (from Kelp)	112 mcg	75%
Magnesium (as Dimagnesium Malate, TRAACCS® Magnesium Lysinate Glycinate Chelate)	200 mg	50%
Zinc (as TRAACCS® Zinc Bisglycinate Chelate)	10 mg	67%
Selenium (as Selenium Glycinate Complex)	100 mcg	143%
Copper (as TRAACCS® Copper Bisglycinate Chelate)	1 mg	50%
Manganese (as TRAACCS® Manganese Bisglycinate Chelate)	2 mg	100%
Chromium (as O-polynicotinate)†	200 mcg	167%
Molybdenum (as TRAACCS® Molybdenum Glycinate Chelate)	25 mcg	33%
Potassium (as Potassium Citrate USP)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol††	50 mg	*
Mixed Tocopherols	50 mg	*
Rutin	25 mg	*
Boron (as Boronorganic™ Glycine)	1.5 mg	*
Vinadyl® Sulfate Hydrate	1 mg	*

* Daily Value not established

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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LEARN MORE ABOUT US AT OrthoMolecularProducts.com

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Other Ingredients: Natural Vegetable Capsules, Stearic Acid, and Magnesium Stearate.