

PERFECT

Nature's Best Perfect 100% Pure Creatine Monohydrate powder is formulated with your health in mind. All Nature's Best products are manufactured from the highest quality raw materials, under strict supervision and in accordance with Good Manufacturing Practices. Extensive quality control procedures ensure proper purity, dissolution and potency. Satisfaction Guaranteed, or your money promptly refunded.

Nature's Best products are specially packaged to protect nutrients from the effects of moisture, light and air. Keep tightly closed in a dry place, do not expose to excessive heat.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DISTRIBUTED BY:
NATURE'S BEST®
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PERFECT

PLAIN

PRE-WORKOUT POWDER
DIETARY SUPPLEMENT

NET WT. 7.35 OZ (210G)

CREATINE MONOHYDRATE



NATURE'S BEST

Supplement Facts

Serving Size: 1 teaspoonful (5g)
Servings Per Container: 42

	Amount Per Serving	% Daily Value
Creatine monohydrate	5g	†

† Daily Value not established.

Other Ingredients: None

Directions: As a dietary supplement, take 5 grams four times daily during the loading phase (five days every three months). During all other times, take a serving of 3 to 5 grams daily. Mix in 8 fluid ounces of a cold beverage. Stir and drink immediately.

This product is produced in a facility with soy, dairy, egg and wheat ingredients, peanuts and tree nuts. This product is gluten-free.

KEEP OUT OF REACH OF CHILDREN.