

TRADER JOE'S®
VITAMIN CRUSADE

**HIGH POTENCY
MULTIPLE
VITAMIN
& MINERAL
DIETARY SUPPLEMENT**

360 TABLETS

Supplement Facts

Serving Size 2 tablets
Servings Per Container 180

Amount Per Serving	% Daily Value	
Vitamin A (as beta carotene)	5,000IU	100%
Vitamin C (as ascorbic acid)	200mg	333%
Vitamin D3 (as cholecalciferol)	400IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	100IU	333%
Thiamine (as thiamine hydrochloride)	30mg	2000%
Riboflavin	30mg	1765%
Niacin (as niacinamide)	100mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	30mg	1500%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	100mcg	1667%
Biotin (as d-biotin)	25mcg	8%
Pantothenic Acid (as calcium pantothenate)	30mg	300%
Calcium (as calcium carbonate and dicalcium phosphate)	200mg	20%
Iron (as ferrous fumarate)	18mg	100%
Phosphorous (as dicalcium phosphate)	60mg	6%
Iodine (from kelp)	150mcg	100%
Magnesium (as magnesium oxide)	20mg	5%
Zinc (as zinc oxide)	5mg	33%
Copper (as copper gluconate)	2mg	100%
Manganese (as manganese carbonate)	7mg	350%

Proprietary Blend 148mg
Citrus Bioflavonoids, Inositol, Choline Bitartrate, Rutin, Alfalfa Leaf Powder, Lecithin (Soy), Parsley Leaf Powder, Watercress Powder.

* Daily Value not established

SUGGESTED USE: 2 tablets daily, preferably with meals, or as recommended by a physician.

People with medical concerns should check with their physician before using this or any dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

GLUTEN FREE

Store in a cool, dry place, out of reach of children.

OTHER INGREDIENTS: Stearic Acid (vegetable source), Silicon Dioxide, Magnesium Stearate (vegetable source), Cellulose, Natural Flavor (vanilla extract), Carnauba Wax.

CONTAINS SOY.

Dist. & Sold Exclusively By:
Trader Joe's, 800 S. Shamrock
Monrovia, CA 91016

Exp. Date/Lot#

08/2017 11682-J5



TABLET SIZE