



Dymatize®

PERFECTLY ENGINEERED
PREW.O.™

ENERGY • STRENGTH • PUMP • INTENSITY†

NEVER
WASTE A
WORKOUT™

1 SERVING NET WT 0.71 OZ (20 g)

PINEAPPLE ORANGE CRUSH
naturally and artificially flavored

DIETARY
SUPPLEMENT

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

For complete trademark and patent information, visit Dymatize.com/prewo.

AMOUNTS PER PACKET		
8g	CITRAULINE MALATE	
3.2g	BETA-ALANINE	
125mg	TEACRINE®	

INFORMED-CHOICE
ORG
Trusted by sport

CARNOSYN
Carnosine Synthesizer

TEACRINE
Nitrosigine®
betaPOWER®

DIRECTIONS:
Add 1 packet of powder to 12 fl. oz. (360 mL) of water. Shake until dissolved.

WARNING: THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Before using this product, consult a health care professional if: you are taking any dietary supplement, prescription drug or over-the-counter medication; or if you have any medical condition. This product contains caffeine and should not be used with other caffeine or stimulants from other sources. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not exceed recommendations for suggested use. Use only as directed.

KEEP OUT OF REACH OF CHILDREN.

PRODUCED IN THE USA
WITH DOMESTIC AND
INTERNATIONAL INGREDIENTS

REV001

050161171101

Supplement Facts	
Amount Per Serving	% Daily Value
Serving Size: 1 Packet	
Calories	15
Total Carbohydrate	<1g
Vitamin C (as Ascorbic Acid)	250 mg 417%
Niacin (as Nicotinamide)	30 mg 150%
Folate (as Folic Acid)	260 mcg 65%
Vitamin B12	30 mcg 500%
(as Methylcobalamin)	
Citrulline Malate	8g
Beta-Alanine (Carnosyn®)	3.2g
L-Taurine	2g
Betaine (BetaPower®)	1.5g
Inositol-Stabilized Arginine	1.5g
Silicate (Nitrosigine®)	350mg
N-Acetyl-L-Tyrosine	300mg
Caffeine (as Anhydrous)	200mg
Coconut Water Fruit Powder	125mg
Theacrine (Teacrine®)	

OTHER INGREDIENTS:
SILICON DIOXIDE, NATURAL AND
ARTIFICIAL FLAVOR, SUCRALOSE,
POLYDEXTROSE, ACESULFAME
POTASSIUM.

CONTAINS: TREE NUTS (COCONUT)
MANUFACTURED FOR
DYMATIZE ENTERPRISES, LLC
DALLAS, TX 75207 USA
(888) 334-5326 | DYMATIZE.COM
STORE IN A COOL, DRY PLACE.