

## Supplement Facts

Per Serving

Serving Size 1/3 cup (30 g) Servings Per Container 30

Calories	120	
Calories from fat	10	
Total Fat	1 g	2%
Cholesterol	15 mg	5%
Total Carbohydrate	2 g	1%
Protein	24 g	48%
Calcium	340 mg	359
Sodium	120 mg	59
Hydrolyzed Whey	12 g	,
Caseinate Protein	9 g	*
Whey Protein	9 g	,

\*Percent Daily Values are based on a 2000 calorie diet.

\*\* Daily Values (DV) not established

Other Ingredients: Natural and Artificial Vanilla Flavor, Sucralose, Soy Lecithin, Sunflower Lecithin.

Contains: Milk and Soy.

irections.

For 1 serving Protein Drink Protein Factory Dangerously Hardcore Blend D experts online store Mnogolet.com use recommended to mix in a shaker 1 scoop of powder (20 grams) with 300 mir of water, pice or skim mik. Whey protein as sports nutrition recommended to persons experiencing disorders of the gastrointestinal tract upon recept of dary products containing lactose.

- On training days we recommend to eat 2 servings of protein shake: 1 serving 45 minutes before workout
- serving 20 minutes after workout
   In the days of rest is recommended to use 1 serving Protein Drink:
   portion at a convenient time
- For women
  On training days we recommend to eat 2 servings of protein shake:
- 1 serving 45 minutes before workout 1 serving 20 minutes after workout
- In the days of rest is recommended to use 1 serving Protein Drink: 1 portion at a convenient time

Consult a physician before using Protein Protein Factory Dangerously Hardcore Blend D for intolerance of separate components.

Product: powder

Country of origin: United States