

53 GRAMS
PER SERVING

100% WHEY PROTEIN ISOLATE

11,554 MG BCAA'S PER SERVING

4.9G L-GLUTAMINE PER SERVING

GLUTEN & LACTOSE FREE

600 CALORIES

INSTANTIZED

WE'RE ALL MORE THAN MUSCLE

GO BIG DRINK EASY

Mass is loaded, and we mean loaded with 86 grams of carbs, 600 calories and 53 grams of 100% pure whey protein isolate. All while being completely lactose-free. But most importantly, it's easy to drink so you gain weight without feeling like you're gaining weight.



DISTRIBUTED BY:
NATURE'S BEST®
Hauppauge, NY 11788
theisopurecompany.com



NATURE'S BEST

NATURALLY AND ARTIFICIALLY FLAVORED
CREAMY VANILLA

ISOPURE

PROTEIN POWDER

MASS

NET WT. 3.25LB (1474G)

WITH 53 GRAMS OF PROTEIN FROM 100% WHEY PROTEIN ISOLATE

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Nutrition Facts

Serving Size: 6 scoops (158g)
Servings Per Container: about 9

Amount per serving	Mix	With 2 cups whole milk
Calories	600	910
Calories from Fat	45	210
% Daily Value**		
Total Fat 5g*	8%	35%
Saturated Fat 1g	5%	61%
Trans Fat 0g		
Cholesterol 10mg	4%	27%
Sodium 430mg	18%	28%
Potassium 760mg	22%	43%
Total Carbohydrate 86g	29%	36%
Dietary Fiber 4g	16%	16%
Sugars 3g		
Protein 53g	106%	
Vitamin A	50%	60%
Vitamin C	50%	60%
Vitamin E	50%	50%
Vitamin K	50%	70%
Thiamin	50%	60%
Riboflavin	50%	100%
Niacin	50%	50%
Vitamin B6	50%	60%
Folate	50%	60%
Vitamin B12	50%	80%
Biotin	50%	50%
Pantothenic Acid	50%	70%
Calcium	70%	130%
Iron	8%	10%
Phosphorous	50%	100%
Iodine	30%	110%
Magnesium	50%	70%
Zinc	50%	60%
Selenium	50%	60%
Copper	50%	50%
Manganese	50%	50%
Chromium	50%	50%
Molybdenum	50%	50%
Chloride	20%	35%

*Amount in Mix.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Maltodextrin, Ion Exchange Whey (milk) Protein Isolate, Microfiltered Whey (milk) Protein Isolate, hydrolyzed guar gum, sunflower oil, less than 2% corn syrup solids, sodium caseinate, monoglycerides, dipotassium phosphate, Vitamin/Mineral/Amino Acid Blend (taurine, potassium [as potassium chloride], chloride [as potassium and sodium chloride], calcium [as dicalcium phosphate dihydrate], phosphorous [as dicalcium phosphate dihydrate], L-Glutamine, magnesium [as magnesium oxide], vitamin C [ascorbic acid], vitamin E [as dl-alpha tocopheryl acetate], niacin, zinc [as zinc sulfate dihydrate], vitamin A [as acetate 500], pantothenic acid [as d-calcium pantothenate], vitamin B6 [as pyridoxine hydrochloride], copper [as copper sulfate], manganese [as manganese sulfate dihydrate], riboflavin, thiamin [as thiamin hydrochloride], folic acid, biotin, iodide [as potassium iodide], chromium [as chromium chloride], vitamin K, molybdenum [as sodium molybdate], selenium [as sodium selenite], vitamin B12, soy lecithin, natural and artificial flavor, sucralose.

This product is produced in a facility with soy, dairy, egg and wheat ingredients, peanuts and tree nuts.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

DIRECTIONS: For a rich, thick shake, mix 6 scoops (158 grams) in 16 oz of water, stir and drink. If you are not lactose intolerant mix 6 scoops in 16 oz (2 cups) of whole milk and enjoy the benefits of 900+ calories. Drink one serving daily.