Garden of Life®

mykind ORGANICS

WHOLE FOOD GUMMIES

9 WHOLE FRUITS IN EVERY BOTTLE!

# PRENATAL MULTI

ORGANIC FRUIT + VITAMIN CHEWS

**Organic Berry**
**Real Food**
**Dietary Supplement**

USDA ORGANIC

NON GMO Project VERIFIED nongmoproject.org

120 Vegan Gummy Drops

**Suggested Use:** Adults thoroughly chew 4 gummies daily with food.

## Supplement Facts

**Serving Size 4 Gummies (10g)**
**Servings Per Container 30**

| | Amount Per Serving | % Daily Value |
|---|---|---|
| Calories | 35 | + |
| Total Carbohydrate | 8 g | 3%* |
| Dietary Fiber | 2 g | 8% |
| Total Sugars | 5 g | + |
| Includes 4g Added Sugars (from Organic Fruit) | | 8%* |
| Vitamin A† | 450 mcg | 50% |
| Vitamin C† | 90 mg | 100% |
| Vitamin D** (as D3) | 20 mcg (800 IU) | 100% |
| Vitamin E† | 11.5 mg | 80% |
| Vitamin K*** | 120 mcg | 100% |
| Thiamin† (Vitamin B1) | 0.6 mg | 50% |
| Riboflavin† (Vitamin B2) | 1.2 mg | 90% |
| Niacin† | 8 mg | 50% |
| Vitamin B6† | 3.4 mg | 200% |
| Folate† | 600 mcg | 150% |
| Vitamin B12*** (as Methylcobalamin) | 4.8 mcg | 200% |
| Biotin† | 105 mcg | 350% |
| Pantothenic Acid† | 4 mg | 80% |
| Zinc† | 1.5 mg | 15% |
| Selenium† | 25 mcg | 45% |
| Manganese† | 0.2 mg | 10% |
| Chromium† | 35 mcg | 100% |

* Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

**Take only as directed. Do not exceed suggested dosage.**
**Keep out of reach of children.**
Gummies can be a choking hazard. Store in a cool, dry place.
Do not use if safety seal is broken or missing.
Contains no filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.
**Lightly dusted with organic rice powder, not sugar.**

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**INGREDIENTS:**
**Certified Organic Fruit Chew Base Blend:** Organic Apple (fruit, puree concentrate & juice concentrate), Organic Peach (fruit puree concentrate), Organic Tapioca Fiber, Pectin (from apples & oranges), Organic Cranberry Flavor, Organic Purple Carrot Juice Concentrate (for color), Organic Orange (peel), Organic Rice Meal and Organic Sunflower Oil (for coating), **Certified Organic Real Food Vitamin Blend:** Organic Emblic (Amla, *Phyllanthus emblica*) (fruit) Extract, Organic *Sesbania grandiflora* (leaf), Organic *Psidium guajava* (Guava fruit & leaf), Organic Lemon (peel), Organic *Ocimum sanctum* (Holy Basil leaf), Organic Annatto (fruit & seed), Organic *Moringa oleifera* (Moringa leaf), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Asparagus (flower & stem), Organic Celery (stalk), Organic Cucumber (gourd), Organic Kale (leaf).

† Certified Organic Real Food Vitamin Blend
** From Lichen (vegan source)
*** RAW Food-Created Nutrients™

CONTAINS VITASHINE D3

"These yummy gummies are so special because they are the first-ever to be made from real, organic, Non-GMO fruits and vegetables (seriously, we put 9 whole organic fruits in every bottle!). We made them without sugar, animal gelatin, artificial dyes and sweeteners or chemical vitamins. I am so proud of them and pleased to share them with you. These vitamins are specially formulated to help make sure your body gets the essential nutrients it needs without all the other 'bad stuff' usually found in gummies. You will love them!"

Enjoy! Love, Alicia

Alicia Silverstone

**HEALTHY MOM, HEALTHY BABY**
Promotes healthy fetal development and energy for mom.†

CERTIFIED GLUTEN-FREE NSF

CERTIFIED VEGAN VEGAN.ORG

Soy, Dairy & Gluten Free

**†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Green-e.org We Buy 100% Certified Renewable Energy

Recyclable Bottle


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