

**Calcium is the primary mineral responsible for strong bones and may reduce the risk of osteoporosis.\*\* Vitamin D3 assists in Calcium absorption and also supports immune system health.\***

**\*\*Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.**

NATURE'S  BOUNTY®

**ABSORBABLE**  
**Calcium**  
**Plus Vitamin D3**

**Promotes  
Bone Health\***

**May Reduce the Risk  
of Osteoporosis\*\***

**RAPID RELEASE  
LIQUID SOFTGEL**



**100 softgels** VITAMIN AND MINERAL SUPPLEMENT

**DIRECTIONS:** For adults, take three (3) softgels one to two times daily, preferably with meals.

**Supplement Facts**

Serving Size 3 Softgels  
Servings Per Container 33

Amount Per Serving	%Daily Value	
Vitamin A (as Retinyl Palmitate)	825 IU	17%
Vitamin D (as D3 Cholecalciferol)	180 IU	45%
Calcium (as Calcium Carbonate)	600 mg	60%

**Other Ingredients:** Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin. **Contains <2% of:** Corn Oil, Titanium Dioxide Color.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

Carefully Manufactured by **NATURE'S BOUNTY, INC.**  
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Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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