

David Winston's
**CALM
ADAPT™**

Relaxing
Adaptogenic Tonic
to Balance Stress*

2 fl. oz. (60 mL)
HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST

Supplement Facts

Serving size 80 drops (4 mL)
Servings per container 15

Amount Per Serving

Proprietary Blend	4 mL†
Extracts of ASHWAGANDHA root ♦, LINDEN flower & leaf ♦, OAT milky seed ♦, REISHI mushroom and mycelium ♦Δ, SCHISANDRA berry ♦	

† Daily value not established.

Other ingredients: Distilled water, ethyl alcohol ♦, vegetable glycerin.

♦ Certified Organic
Δ Ecologically Harvested

Suggested use: 60-80 drops (3-4 mL) in juice or water.
Take 2-3 times per day. Shake well before using.

Contraindications: Do not use if you have mushroom allergies.

KEEP OUT OF CHILDREN'S REACH

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

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