

Perfect Food® Berry Super Green Fruit & Veggie Formula is made with 49 nutrient-rich and organically grown whole food based ingredients to ensure your body receives the nutritional benefits of fruits and vegetables.

Providing 4,340mg of greens per serving, **Perfect Food® Berry** contains 4 organic grass juices, 17 vegetables, 12 fermented sprouted grains and legumes, 8 marine plants and 6 fruits, including organic berries like strawberry, raspberry, blueberry and blackberry.

Perfect Food® Berry contains probiotics to support digestive health and spirulina to support healthy immune function.* An excellent source of whole food vitamin A and vitamin C, **Perfect Food® Berry** is great for those who are unable to eat enough fruits and veggies.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors, flavors or preservatives. This product is made with natural ingredients, therefore color may vary from lot to lot.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Distributed by Garden of Life LLC

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Made With
**LIVE
PROBIOTICS**

Perfect Food® Berry

Super Green Fruit & Veggie Formula

49 Phytonutrient-Dense Superfoods
12 Sprouted Ingredients
Vegetarian

Net Wt 8.5 oz (240 g)

Whole Food Dietary Supplement

Suggested Use: Adults mix 1 level scoop in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days, gradually working up to full serving size. May be taken without food. Not intended for children. Scoop included. This product is packaged by weight not by volume. Settling may occur.

Supplement Facts

Serving Size 1 level Scoop (Approx. 2 tbsp. or 8 g)
Servings Per Container Approximately 30

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 4 g	1%
Dietary Fiber 1 g	4%
Sugars 1 g	+
Protein 2 g	4%
Vitamin A (as beta-carotene) 4,250 IU	85%
Vitamin C 115 mg	192%
Calcium 50 mg	6%
Iron 1.5 mg	10%
Sodium 35 mg	1%
Potassium 230 mg	7%

Perfect Green Juice Blend 2.5 g +

Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*

Perfect Protein Mineral Matrix 2.1 g +

Rice Bran Soluble Extract, Spirulina, Chlorella, Calcified Red Algae (Lithothamnion corallioides), Kelp Blend

Proprietary Whole Food Berry Antioxidant Blend 1.6 g +

Acerola Cherry Extract* (fruit), Strawberry* (fruit), Cherry* (fruit), Blueberry* (fruit), Blackberry* (fruit), Raspberry* (fruit), Citrus Bioflavonoids

Perfect Veggie Blend 800 mg +

Beet* (root), Carrot* (root), Broccoli* (flower & stem), Cucumber (fruit), Tomato* (fruit),

Kale* (leaf), Spinach* (leaf), Cabbage* (leaf), Cauliflower (flower & stem), Celery (stalk),

Parsley* (leaf), Asparagus (flower & stem), Brussels Sprout (leaf), Bell Pepper* (fruit),

Garlic* (bulb), Ginger* (root), Onion* (bulb)

Protein-Zyme® Fermented Whole Food Matrix 740 mg +

Barley Grass*, Oat Grass*, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Buckwheat

Sprout*, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*,

Sunflower Seed Sprout, Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*

Probiotic Blend (1 Billion CFU)* 7 mg +

Lactobacillus plantarum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus paracasei

* Percent Daily Values are based on a 2,000 calorie diet.

+ Daily Value not established.

Other ingredients: Organic tapioca maltodextrin, Rebudioside A (from leaves of Stevia rebaudiana), Contains: Wheat Grass.

Probiotics are cultured in dairy, which is generally consumed during the fermentation process.

* Organic.

* At time of manufacture.