

For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star products are the best choice.**

Linda Page, Ph.D.,
Traditional Naturopath



**GMP
QUALITY
ASSURED**

This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions: Take 2 capsules, 3 times daily for 2 months. Then, 2 caps, morning and evening for 1-2 months. Rest one month before resuming if needed.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#
EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Crystal Star™
for the whole person™

Women's Best Friend™

Supports overall uterine and ovarian health.
Helps reduce swelling and reduce excess estrogen.**

GOLDENSEAL
helps reduce
discomfort**

RED RASPBERRY
supports ovarian and
uterine strength**

CRAMP BARK
helps reduce
menstrual cramping**

REHMANNIA
supports regular
menstruation**



Dietary Supplement

90 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Proprietary herbal blend	1300mg	*

Goldenseal (Root), Jamaica Dogwood (Bark), Wild Y (Root), Uva Ursi (Leaf), Red Raspberry (Leaf), Cramp Bark, Ginger (Root), Lobelia (Leaf), Dong Quai (Root), Sarsaparilla (Root), Cultivated False Unicorn, Peony (Root), Blessed Thistle Aerial, Protease, Rehmannia (Root), Hawthorn (Leaf), Hawthorn (Berry), Hawthorn (Bark), Bladderwrack (Leaf), Arame

* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™
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(800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged or missing. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medications. Warning: Keep out of reach of children.

SINCE
1978

Prod #4350



REV 6/17