

100% DV OF ALL
8 B-VITAMINS†

ONE A DAY®
women's

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

*Women's
Petites*

160 TABLETS



†Refers to Daily Values for Vitamins B₁, B₂, B₆, B₁₂, Niacin, Folic Acid, Biotin and Pantothenic Acid.

Directions: Adults: Two tablets daily, with food.

Supplement Facts

Serving Size: Two tablets

Servings Per Container: 80

	Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU	50%
Vitamin C	60 mg	100%
Vitamin D (as Vitamin D ₃)	1000 IU	250%
Vitamin E	22.5 IU	75%
Vitamin K	25 mcg	31%
Thiamin (B ₁)	1.5 mg	100%
Riboflavin (B ₂)	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B ₆	2 mg	100%
Folic Acid	400 mcg	100%

	Amount Per Serving	% Daily Value
Vitamin B ₁₂	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium (elemental)	500 mg	50%
Iron	18 mg	100%
Iodine	150 mcg	100%
Zinc	15 mg	100%
Selenium	20 mcg	29%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%

See accompanying packaging for
complete product information.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP**

**Do not use this product if printed
safety seal bearing "Bayer HealthCare"
under cap is torn or missing.**

Questions or comments?

1-800-800-4793 or www.oneaday.com

Made in the USA of US and Imported Materials

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Consumer Care

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Bayer

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EXPIRATION DATE: