For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star** products are the best choice.

**Linda Page, Ph.D,** Traditional Naturopath



This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

**Directions:** Take 2 capsules, twice daily for 1-2 months. Then, 2 capsules daily as needed for maintenance.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Withdrawal Support Support

Encourages the relief of symptoms like cravings, moodiness, nervous tension, head and backache.\*\*

#### **WOOD BETONY LEAF**

support craving reduction\*\*

#### VALERIAN encourages restful sleep\*\*

GOTU KOLA promotes calm nerves\*\*

## ST JOHN'S WORT encourages mood enhancement\*\*

**SINCE 1978** 



### **Supplement Facts**

Serving Size: 2 capsules Servings Per Container: 30

	Amount Per Serving	% Daily Value
DL-Phenylalanine	30mg	190%
Niacin	30mg	196%
Proprietary herbal blend	1300mg	*

Skullcap (Herb), Gotu Kola (Leaf), Kava Kava (Root), Siberian Eleuthero, St John's Wort, Valerian (Root), Organic Alfalfa (Leaf & Stem), Wood Betony (Herb), Sea Buckthorn (Berry), Ginkgo Biloba (Leaf), Ginger (Root), Blessed Thistle, Acerola Cherry (Fruit), Amla (Berry), Hawthorne (Leaf & Flower), Hawthorn (Berry), Cayenne Pepper (Fruit)

\* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™ 9821 Valley View Rd, Eden Prairie, MN 55344 (800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged. Products containing Kava Kava Root are not recommended for use by persons under the age of 18. If pregnant, nursing, or taking a prescription drug, consult a health care practitioner prior to use. Do not exceed recommend dose. Excessive consumption may impair adility to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages. Keep out of reach of children.

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**Dietary Supplement** 

60 Vegetarian Capsules

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Prod #4330