

DIRECTIONS FOR USE

Adults: 7 tablets per day.

Either take 7 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance

Women's Premium is our ultimate complete nutrient system, containing a broad range of nutrients to support overall female health* and the maintenance of healthy cells* and general wellness*.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Batch number:

Manufactured:

Use by date:

L1141-20



xtendlife™

total balance women's premium dietary supplement

Comprehensive Nutrient System



ADVANCED FORMULA
ENTERIC COATED

105 TABLETS

Supplement Facts

Serving size: 7 Tablets
Servings per container: 15

Amount Per Serving	%DV
Calories	30
Calories from Fat	10
Total Fat	1 g 2%*
Total Carbohydrate	2 g 1%*
Dietary Fiber	2 g 8%*
Protein	2 g 4%*
Vitamin A (from Natural Mixed Carotenoids)	5000 IU 100%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	280 mg 467%
Vitamin D (as Cholecalciferol)	500 IU 125%
Vitamin E (from D-Alpha Tocopheryl Succinate & Tocotrienol/Tocopherol Complex (from African Oil Palm))	102 IU 340%
Vitamin K (as Menaquinone-4)	180 mcg 225%
Thiamin (as Thiamin HCl)	12 mg 800%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 588%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg 130%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg 400%
Folic Acid	323 mcg 81%
Vitamin B12 (as Cobamamide)	25 mcg 417%
Biotin	400 mcg 133%
Pantothenic Acid (as Calcium Pantothenate)	41 mg 410%
Calcium (from Red Algae (Lithothamnium species), Dicalcium Phosphate, Calcium Ascorbate, Calcium Magnesium Inositol Hexaphosphate, Calcium Pantothenate)	81 mg 8%
Phosphorus (as Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate)	30 mg 3%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Magnesium Stearate, Calcium Magnesium Inositol Hexaphosphate)	70 mg 18%
Zinc (as Zinc Citrate)	9 mg 60%
Selenium (as L-Selenomethionine)	100 mcg 143%
Manganese (as Manganese Citrate)	2 mg 100%
Chromium (as Chromium Picolinate)	106 mcg 88%
Molybdenum (as Molybdenum Glycinate)	64 mcg 85%
Potassium (as Potassium Ascorbate, Tripotassium Citrate, Potassium Iodide)	71 mg 2%
RNA (Ribonucleic Acid from Yeast)	150 mg **

Amount Per Serving	%DV
N-Acetyl L-Cysteine	148 mg **
Green Tea Leaf Extract	100 mg **
Milk Thistle Seed Extract	100 mg **
MSM (Methylsulfonyl Methane)	100 mg **
Soy Lecithin	100 mg **
Betain HCl	98 mg **
Choline Bitartrate	93 mg **
Dimethylglycine HCl	90 mg **
N-Acetyl Glucosamine	79 mg **
Hesperidin (from Bitter Orange Fruit)	74 mg **
Inositol (as Inositol & Inositol Hexaphosphate)	59 mg **
SAME (from 96 mg of S-Adenosylmethionine Tosylate)	51 mg **
Bacopa Leaf Extract	50 mg **
Ginger Root Extract	50 mg **
Ginkgo Leaf Extract	50 mg **
Guggul Gum Extract	50 mg **
Masson Pine Bark Extract	50 mg **
Nigella Seed Extract	50 mg **
PABA (p-Aminobenzoic Acid)	50 mg **
Turmeric Root Extract	50 mg **
Alpha Lipoic Acid	49 mg **
Myricetin (from Bayberry Leaf)	49 mg **
Horsetail Leaf & Stem Extract	40 mg **
Grape Seed Extract	30 mg **
Mineral Sea Salts	30 mg **
Piperine (from Black Pepper)	28 mg **
Trans-Resveratrol (from Japanese Knotweed Root)	25 mg **
Isoflavones (from Soybean)	20 mg **
Coenzyme Q-10	19 mg **
Luteolin (from Peanut Shell)	18 mg **
Alfalfa Leaf & Stem Extract	10 mg **
Phosphatidyl L-Serine (from Soybean)	10 mg **
Policosanol (from Sugar Cane)	8 mg **
Red Clover Leaf & Stem Extract	7 mg **
ATP (from Yeast)	5 mg **
Tocotrienol/Tocopherol Complex (EVNolMax® from African Oil Palm)	1.9 mg **
Vinpocetine	1.9 mg **
Lycopene (from Tomato)	900 mcg **
Boron (as Boron Citrate)	600 mcg **
Amino Acid Blend	1.1 g **
L-Histidine HCl	**
L-Lysine HCl	**
L-Carnosine	**
L-Tyrosine	**
L-Arginine HCl	**
L-Methionine	**

Amount Per Serving	%DV
L-Proline	**
L-Pyrogutamic Acid	**
L-Cysteine	**
L-Glutamine	**
L-Ornithine HCl	**
Taurine	**
Reduced Glutathione	**
Female Health Support Blend	340 mg
Dong Quai Root Extract	**
Feverfew Leaf Extract	**
Chinese Yam Root Extract	**
Chasteberry Fruit Extract	**
Enzyme Blend	150 mg
Bromelain (from Pineapple Stem)	**
Nattozymes Protease (from Aspergillus oryzae & Aspergillus melleus)	**
Amylase (from Aspergillus oryzae)	**
Lipase (from Aspergillus niger)	**
Immunity Stimulating Blend	147 mg
Aloe Vera Leaf Extract	**
Olive Leaf Extract	**
Beta Glucan (from Yeast)	**
Tea Leaf Polysaccharides	**
Eye Health Blend	53 mg
Bilberry Fruit Extract	**
Rutin (from Japanese Sophora Bud)	**
Lutein (from Aztec Marigold Flower)	**
Astaxanthin (from Haematococcus pluvialis)	**
Zeaxanthin (from Aztec Marigold Flower)	**

* Percent daily values (DV) are based on a 2000 calorie diet
** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Silicon Dioxide, Maltodextrin, Sodium Carboxymethyl Cellulose.

Contains soy, peanut.
Does not contain gluten, dairy or shellfish.

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