

**TerraVita**<sup>®</sup>  
FINE WHOLE HERBS

# Fenugreek

450 mg

100 capsules    A Dietary Supplement



Hair follicles grow under cap for safety and freshness. Do not use if seal is broken! To maintain freshness, protect from humidity.

## Supplement Facts

Serving Size	1 capsule	
Servings per Container	100	
Ingredient	Amount per Serving	% Daily Value
Fenugreek	450 mg	*

Also contains: Gelatin and water.

\* Daily Value not established.

Contains no sugar, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

### Directions:

Take 2 capsules before breakfast and one before dinner or at bedtime, with fruit juice or water.

A Dietary Supplement

Statements not evaluated by FDA. Product not intended to diagnose, treat, cure, or prevent any disease.

**Guaranteed for Potency, Consistency, and Freshness!**

ZooScape ZIN #:  
51111B

Manufactured by TerraVita  
Brampton, Ontario, Canada

Distributed by ZooScape LLC  
1-800-780-8783 / 1-905-494-1785

Best Before:



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