

Joint health is affected by many factors including heredity, gender, sports activities and weight. Extra Strength Glucosamine Chondroitin Complex contains the same joint support ingredients found in scientific studies.* Both Glucosamine Sulfate and Chondroitin Sulfate are key structural components in cartilage and play an important role in the maintenance of joint cartilage.* Extra Strength Glucosamine Chondroitin Complex also contains Manganese, a mineral necessary for normal skeletal development.* Extra Strength Glucosamine Chondroitin Complex is an excellent choice for those seeking first-rate joint support supplementation.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.



 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 7062 B7060 10G DAZ

NATURE'S BOUNTY®

EXTRA STRENGTH

Glucosamine
Chondroitin



COMPLEX

Promotes Joint Health*

RAPID RELEASE
LIQUID SOFTGEL



120 SOFTGELS
DIETARY SUPPLEMENT

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of the



Nature's Bounty, the maker of Extra Strength Glucosamine Chondroitin Complex, is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-568-4045 or www.arthritis.org

DIRECTIONS: For adults, take three (3) softgels daily, preferably one (1) softgel with each meal.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 40

Amount Per Serving	%Daily Value
Calories	30
Calories from Fat	15
Total Fat	2 g 3%**
Total Carbohydrate	2 g 1%**
Dietary Fiber	<1 g 2%**
Protein	1 g
Manganese (as Manganese Aspartate)	1 mg 50%
Sodium	95 mg 4%
Glucosamine Sulfate • 2KCl	1,500 mg (1.5 g) ***
Chondroitin Sulfate	1,200 mg (1.2 g) ***
Citrus Bioflavonoids (Citrus sinensis) (fruit)	45 mg ***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin, Natural Caramel Color, Yellow Beeswax.

Contains soy and shellfish (shrimp) ingredients.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast.

Carefully Manufactured by NATURE'S BOUNTY, INC.
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