

Calcium is the primary mineral responsible for strong bones and may reduce the risk of osteoporosis. Vitamin D assists in Calcium absorption and also supports immune system health.***

No Artificial Sweetener or Color, No Gluten, No Wheat, No Fish.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

****Adequate calcium and vitamin D throughout life, along with physical activity, may reduce the risk of osteoporosis in later life.**

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 6370 B6370 10F

NATURE'S BOUNTY®

CHEWABLE
Calcium
Plus Vitamin D

**Promotes
Bone Health***

**May Reduce the Risk
of Osteoporosis****

100 chewable wafers MINERAL SUPPLEMENT

DIRECTIONS: For adults, take four (4) wafers one to two times daily, preferably with meals. Wafers may be chewed.

Supplement Facts

Serving Size 4 Wafers
Servings Per Container 25

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%***
Sugars	3 g	****
Vitamin D (as D2 Ergocalciferol)	400 IU	100%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	560 mg	56%
Phosphorus (as Dicalcium Phosphate)	100 mg	10%
Buckwheat (<i>Fagopyrum esculentum</i>) (seed)	10.4 mg	****
Corn Bran (<i>Zea mays</i>) (seed)	10.4 mg	****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Sucrose, Dextrose, Vegetable Cellulose. **Contains <2% of:** Acacia Gum, Hydrogenated Cottonseed Oil, Natural and Artificial Flavors, Silica, Sodium Chloride, Vegetable Magnesium Stearate.

Contains milk and tree nut (coconut) ingredients.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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