



MY GUARANTEE

This product is designed to enhance fat loss when used in conjunction with a proper diet and training program, like Shortcut to Shred. The ingredients and amounts I used in the Shred JYM™ formula are based on my long-standing recommendations. They have been shown in the lab and in the gym to truly promote fat loss. This is what I turn to when I'm looking to get shredded before a photo shoot. What will you do with it?*



Jim Stoppani, PhD
Owner - JYM Supplement Science



For more info on the JYM Supplement Science Lexicon and how it can help you optimize your results, go to JYMSupplementScience.com.

For questions regarding JYM products go to:
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JYMSupplementScience.com
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WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache or shortness of breath. To avoid sleeplessness, do not consume within 6 hours of bedtime.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

SHRED

FAT LOSS* | ENERGY* | MIND**

JYM[®]

supplement science

500mg
GREEN TEA EXTRACT
PER SERVING

1500mg
ACETYL-L-CARNITINE
PER SERVING

20mg
SYNEPHRINE
PER SERVING

THE ONLY FAT BURNER* FORMULATED AND USED BY DR. JIM STOPPANI

DIETARY SUPPLEMENT

240 CAPSULES

Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 40

Amount Per Serving	% Daily Value
Acetyl-L-Carnitine HCl	1.5g †
L-Tyrosine	500mg †
Green Tea (<i>Camellia sinensis</i>) Leaf Extract (98% Polyphenols=490mg, 80% Catechins=400mg, 50% EGCG=250mg)	500mg †
Caffeine Anhydrous	200mg †
Capsimax® Cayenne Pepper Fruit Extract (<i>Capsicum spp.</i>)	50mg †
Synephrine [as <i>Bitter Orange (Citrus aurantium)</i> Fruit Extract] (Advantra Z®)	20mg †

† Daily Value not established

OTHER INGREDIENTS: Cellulose, Vegetable Cellulose Capsule, Magnesium Stearate, Vegetable Source, Silica.

DIRECTIONS: As a dietary supplement, take one serving (6 capsules) 1 time per day. Shred JYM™ can be taken with or without food. Some people may have a sensitive stomach and will not tolerate green tea extract well on an empty stomach. If this is you, be sure to take Shred JYM™ with meals. If you are sensitive to caffeine, do not take within 6 hours of bedtime.

KEEP OUT OF REACH OF CHILDREN.

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken.

PROP 65 WARNING: This product contains a chemical known to the State of California to cause cancer, birth defects or other reproductive harm.



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