

If you have difficulty losing weight, there could be a simple physiological reason: low levels of serotonin. That's because a proper balance of serotonin is important for positive mood states, good quality sleep, and a normal appetite.

PureBalance™ Serotonin includes 5-HTP, the raw material the body uses to make serotonin.* The actions of serotonin are reinforced with ingredients for:

- **Weight control:** Relora® may reduce stress and stress-related eating.*
- **Stress management:** *Rhodiola rosea* helps the body adapt to stress, while L-theanine increases the generation of relaxing alpha brain waves.*
- **Mood support:** Insufficient vitamin D may negatively affect mood, while *Rhodiola rosea* has been used for centuries to promote a positive outlook.*
- **Sleep support:** L-theanine encourages the transition from the beta brain waves of mental arousal to the alpha brain waves of relaxation.*

Combined with a healthy diet and plenty of exercise, PureBalance Serotonin gives you the support you need to cheer up and slim down.*

Relora® is a registered trademark of Next Pharmaceuticals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



QUALITY OF LIFE®

WEIGHT
MANAGEMENT*

PureBalance™ Serotonin

with 5-HTP, Relora® & L-theanine

Reduces stress & stress-related eating*
Promotes a positive outlook*
Balances serotonin & cortisol levels*

90 VEGICAPS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 vegicap

Servings Per Container: 90

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	267 IU	67%
5-HTP (L-5 hydroxytryptophan) (from <i>Griffonia simplicifolia</i>) (seed)	33 mg	†
L-theanine	67 mg	†
Relora® proprietary blend Magnolia standardized bark extract Phellodendron standardized bark extract	250 mg	†
Rhodiola extract (root) [standardized for 5% rosavins (18 mg)]	120 mg	†

† Daily value not established.

Other ingredients: vegetable cellulose, rice flour, modified food starch, cornstarch, vegetable magnesium stearate and silica (natural mineral).

SUGGESTED USE: 1 vegicap three times daily before meals.

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING.

Keep out of reach of children. Store at room temperature. Consult your healthcare professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.



Manufactured for:
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LOT / EXP: