

Do you suffer from PMS symptoms? Neptune Krill Oil is the clinically tested road to relief.* A double-blind, randomized clinical study of 70 female patients found that taking **Neptune Krill Oil (NKO®)** caused a significant reduction in both the emotional and physical symptoms of PMS.*

Neptune Krill Oil:

- Provides a direct source of the omega-3 fatty acids EPA & DHA, unlike plant oils such as flax.
- Contains EPA & DHA bonded to phospholipids, with at least 50% better absorption than fish oil.

It has also been clinically shown to help:

- Support cardiovascular health.*
- Maintain a healthy response to inflammation and support joint health.*



100% pure Neptune Krill Oil is uniquely extracted, ecologically harvested from pure Antarctic krill, and produced in Canada.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Manufactured for:
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QUALITY OF LIFE®

**WOMEN'S
HEALTH***

Neptune Krill Oil

from pure Antarctic krill

Alleviates PMS symptoms*
Delivers omega-3 EPA/DHA fatty acids
50% better absorption than fish oil

35 SOFTGELS (500mg) | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 softgel

Servings Per Container: 35

Amount Per Serving	% Daily Value
Neptune Krill Oil	500 mg †
Omega-3 fatty acids	150 mg †
EPA	75 mg †
DHA	45 mg †
Other omega-3 fatty acids	30 mg †
Omega-6 fatty acids	10 mg †
Omega-9 fatty acids	45 mg †
Phospholipids	200 mg †
Astaxanthin	0.63 mg †

† Daily value not established.

Other ingredients: fish gelatin (softgel), glycerin, water.

Contains krill (crustacean shellfish), fish (tilapia) gelatin.

SUGGESTED USE: 1 softgel with the first meal of the day. Double the dosage during menstruation.

NKO® is a trademark of Neptune Technologies & Bioresources Inc.

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING. Keep out of reach of children. Store at room temperature. Consult your healthcare professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.

This product is gluten-free.

LOT / EXP: