

Citracal® is dedicated to bringing new advances to bone health to help you do even more for your bones

How is this different from regular calcium supplements?

As you age, it gets harder to build bone density with calcium and vitamin D alone. New Citracal® Plus Bone Density Builder is the only leading calcium supplement to contain Genistein, an ingredient found in nature in soy that has been clinically proven to significantly increase bone density by up to 5%.*

Does Citracal® Plus Bone Density Builder contain calcium and vitamin D?

Yes. New Citracal® Plus Bone Density Builder contains calcium to fight osteoporosis†. Used as directed, it contains 1200mg of calcium, more than the recommended daily value. And it has vitamin D for unsurpassed absorption to help strengthen and nourish your bones.*

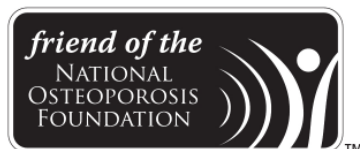
Citracal® - An Advanced Way to Nourish Your Bones

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Your body becomes less able to absorb calcium as you age, however this is the time you need it the most.

†To maintain healthy bones, it is recommended that teen and adult women get regular exercise and eat a healthy diet with enough calcium throughout their lives. This may reduce the risk of osteoporosis, which can affect middle-aged and older women (particularly White and Asian women). While adequate calcium intake is important in nourishing your bones, taking more than 2,000mg is not likely to provide any additional benefit.

Does not contain gluten, sugar, dairy or lactose



The Friend of NOF seal is a trademark of The National Osteoporosis Foundation.

NEW!

Citracal® plus Bone Density BUILDER

Calcium + Vitamin D

PLUS Genistein which has been proven to **significantly** increase bone density*

Multimineral Supplement
120 Coated Tablets



Directions: Adults: Take two tablets twice daily with food or as recommended by your physician, pharmacist or health professional.

Supplement Facts

Serving Size: 2 tablets

	Amount Per Serving	% Daily Value
Vitamin D	400 IU	100%
Calcium (elemental)	600 mg	60%
Magnesium	50 mg	13%
Zinc	7.5 mg	50%
Copper	1 mg	50%
Manganese	2 mg	100%
Molybdenum	75 mcg	100%
Boron	250 mcg	*
Genistein	27 mg	*

*Daily Value not established.

INGREDIENTS: Calcium Carbonate, Calcium Citrate, Polyethylene Glycol, Magnesium Oxide, Croscarmellose Sodium, Genistein (Soy Isoflavone), Manganese Gluconate, Hypromellose, Titanium Dioxide (color), Zinc Oxide, Magnesium Silicate, Copper Gluconate, Molybdenum Amino Acid Chelate, Sodium Borate, Magnesium Stearate, Vitamin D3 (Cholecalciferol).

KEEP OUT OF REACH OF CHILDREN

If you are pregnant, nursing, or have a history of cancer, consult your doctor prior to use.

Do not use if printed foil seal is torn or missing.

Questions or comments?
Please call 1-866-511-9328 (Mon - Fri 9AM-5PM EST)
Visit our website at www.citracal.com

Bayer

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Citracal® plus Bone Density BUILDER



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F.P.O. 100% UPC