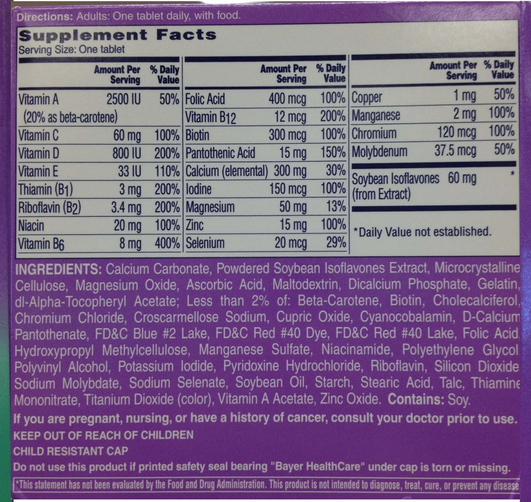
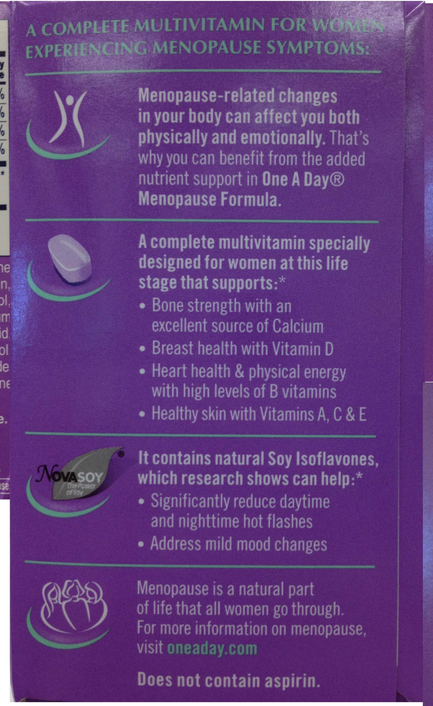
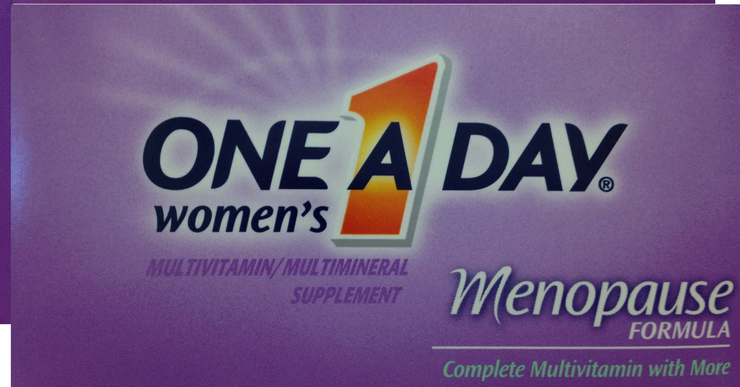
ONE A DAY
women's
MULTIVITAMIN/MULTIMINERAL SUPPLEMENT
COMPLETE MULTIVITAMIN plus SOY ISOFLAVONES
Menopause
FORMULA
Complete Multivitamin with More
Formulated to Help:*
• Reduce Daytime + Nighttime Hot Flashes
• Address Mild Mood Changes
• Support Energy + Healthy Skin
50 TABLETS
BAYER

COMPLETE WOMEN'S MULTIVITAMIN SUPPORTS:*
Bone Strength
Breast Health
Heart Health
Healthy Skin
Energy
COMPLETE MULTIVITAMIN plus SOY ISOFLAVONES
SOY ISOFLAVONES HELP:*
Reduce Daytime & Nighttime Hot Flashes
Address Mild Mood Changes
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
EXPIRATION DATE:
4/14
NAA0160N


Directions: Adults: One tablet daily, with food.
Supplement Facts
Serving Size: One tablet
Amount Per Serving | % Daily Value
Vitamin A (20% as beta-carotene) 2500 IU 50%
Vitamin C 60 mg 100%
Vitamin D 800 IU 200%
Vitamin E 33 IU 110%
Thiamin (B1) 3 mg 200%
Riboflavin (B2) 3.4 mg 200%
Niacin 20 mg 100%
Vitamin B6 8 mg 400%
Folic Acid 400 mcg 100%
Vitamin B12 12 mcg 200%
Biotin 300 mcg 100%
Pantothenic Acid 15 mg 150%
Calcium (elemental) 300 mg 30%
Iodine 150 mcg 100%
Magnesium 50 mg 13%
Zinc 15 mg 100%
Selenium 20 mcg 29%
Copper 1 mg 50%
Manganese 2 mg 100%
Chromium 120 mcg 100%
Molybdenum 37.5 mcg 50%
Soybean Isoflavones (from Extract) 60 mg *
*Daily Value not established.
INGREDIENTS: Calcium Carbonate, Powdered Soybean Isoflavones Extract, Microcrystalline Cellulose, Magnesium Oxide, Ascorbic Acid, Maltodextrin, Dicalcium Phosphate, Gelatin, dl-Alpha-Tocopheryl Acetate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Croscarmellose Sodium, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, FD&C Blue #2 Lake, FD&C Red #40 Dye, FD&C Red #40 Lake, Folic Acid, Hydroxypropyl Methylcellulose, Manganese Sulfate, Niacinamide, Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Soybean Oil, Starch, Stearic Acid, Talc, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide. Contains: Soy.
If you are pregnant, nursing, or have a history of cancer, consult your doctor prior to use.
KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


A COMPLETE MULTIVITAMIN FOR WOMEN EXPERIENCING MENOPAUSE SYMPTOMS:
Menopause-related changes in your body can affect you both physically and emotionally. That's why you can benefit from the added nutrient support in One A Day® Menopause Formula.
A complete multivitamin specially designed for women at this life stage that supports:*
• Bone strength with an excellent source of Calcium
• Breast health with Vitamin D
• Heart health & physical energy with high levels of B vitamins
• Healthy skin with Vitamins A, C & E
NovaSOY
It contains natural Soy Isoflavones, which research shows can help:*
• Significantly reduce daytime and nighttime hot flashes
• Address mild mood changes
Menopause is a natural part of life that all women go through. For more information on menopause, visit oneaday.com
Does not contain aspirin.

0 16500 54137 0
Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
Visit our website at www.oneaday.com
Bayer HealthCare
Made in U.S.A.
Bayer HealthCare LLC
Consumer Care
P.O. Box 1910
Morristown, NJ 07962-1910 USA
Bayer, the Bayer Cross and One A Day are registered trademarks of Bayer.
Novasoy® and the Novasoy® logo are registered trademarks of Archer Daniels Midland Company.
Bayer


ONE A DAY
women's
MULTIVITAMIN/MULTIMINERAL SUPPLEMENT
Menopause
FORMULA
Complete Multivitamin with More