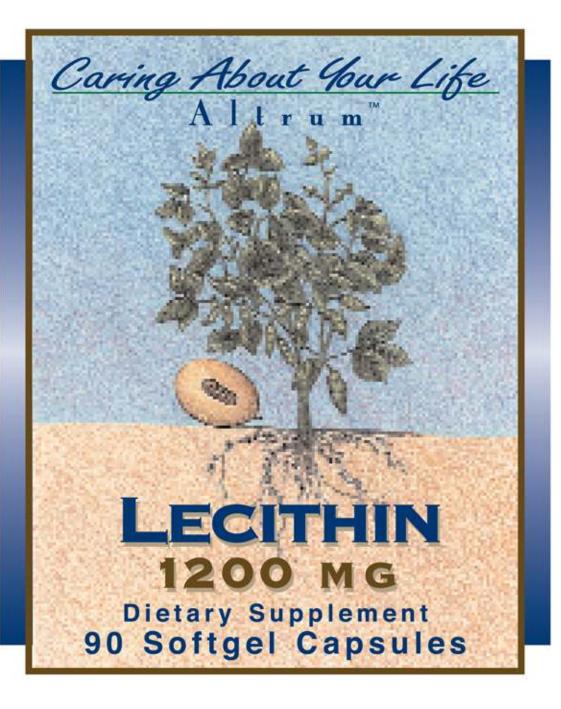
**Lecithin** is needed by every living cell in the human body and is a natural source of B vitamins, choline and inositol\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Altrum Nutrition Div. of AMSOIL INC. Superior, WI 54880 (715) 392-7101

Product Code VB075



Suggested Serving: Take one softgel three times daily, preferably with a meal. This product's performance can be further enhanced with use of the ALTRUM Ultra Daily Enzymes and ALTRUM Ultra Multis.

To assure freshness and potency store at room temperature away from heat and moisture.

## SUPPLEMENT FACTS

Serving Size: 1 Softgel Capsule

One Capsule Provides	Amount per Serving	%DV
Calories	10	
Calories from Fat	10	
Calories from Saturated Fat	5	
Total Fat	1 g	2%*
Lecithin (Soy) Contains 61% or 732 mg Phos	1200 mg phatides	**
Typical Values Phosphatidylcholine	168 mg	**
Phosphatidylinositol	96 mg	**

<sup>\*</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet. 
\*\*Daily Value (DV) not established

Other ingredients: gelatin, vegetable glycerin, water.