SUGGESTED USE: One tablet three times a day, preferably with meals.

> "The ALTRUM Nutritional **Line** was founded by my dad, A.J. Amatuzio, to ensure our health, and help us reach our fullest potential. We continue this proud family tradition with our Stress Management System"

Lyn Amatuzio

Store in a cool, dry place.



Supplement Facts Daily Serving Size: 3 Tablets

Three Tablets Provide		% DV
Vitamin C	600 mg	1000
Thiamin (B1)	12 mg	800
Riboflavin (B2)	15 mg	882
Niacin, Niacinamide (B3)	100 mg	500
Vitamin B6 (Pyridoxine HCI)	18 mg	900
Folic Acid	400 mcg	100
Vitamin B-12	24 mcg	400
Biotin	150 mcg	50
Pantothenic Acid	60 mg	600
Zinc (Oxide)	15 mg	100
Para-Amino Benzoic Acid	30 mg	**

Other Ingredients: dicalcium phosphate, stearic acid. microcrystalline cellulose, modified cellulose gum, calcium stearate, silica and rose hips.

Distributed by ALTRUM Nutrition Div. of AMSOIL INC. Superior, WI 54880 (715) 392-7101

Product Code VB 010