OFFICIAL SPONSOR

ONE A DAY®

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Teen Advantage

for **Him**

Complete Multivitamin

- Supports Healthy Muscle Function*
- Supports Healthy Immune System*

BAYER

80 CAPLETS

Directions: Teens: One caplet daily, with food.

Supplement Facts

Serving Size: One caplet

	Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU	50%
Vitamin C	120 mg	200%
Vitamin D	400 IU	100%
Vitamin E	30 IU	100%
Vitamin K	25 mcg	31%
Thiamin (B1)	3.75 mg	250%
Riboflavin (B2)	4.25 mg	250%
Niacin	30 mg	150%
Vitamin B6	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B12	15 mcg	250%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium (elemental)	200 mg	20%
Iron	9 mg	50%
Magnesium	100 mg	25%
Zinc	15 mg	100%
Selenium	20 mcg	29%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%

ONE A DAY®

As a teen, you're always active and on the go—whether it's school, sports, work or just having fun. With all this activity, your body can benefit from the health support a complete multivitamin can provide.

One A Day® Teen Advantage for Him is specially formulated to support your body's specific nutrient needs.* It helps support energy, bone strength and a healthy immune system, plus it provides support for healthy muscle function.*

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Ascorbic Acid, Microcrystalline Cellulose, Dicalcium Phosphate, Gelatin, dl-Alpha-Tocopheryl Acetate, Niacinamide, Ferrous Fumarate, Hydroxypropyl Methylcellulose, Maltodextrin, Croscarmellose Sodium, Zinc Oxide, Starch, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Manganese Sulfate, Sucrose, Stearic Acid, Silicon Dioxide, Riboflavin, Thiamine Mononitrate, Titanium Dioxide (color), FD&C Blue #1 Lake, Polyethylene Glycol, Artificial Flavor, FD&C Blue #2 Lake, Cupric Oxide, Glucose, Brewer's Yeast, Vitamin A Acetate, Chromium Chloride, FD&C Blue #2 Dye, Folic Acid, Soybean Oil, Biotin, Beta-Carotene, Sodium Selenate, Ascorbyl Palmitate, Sodium Ascorbate, Phytonadione, Tricalcium Phosphate, Cyanocobalamin, Cholecalciferol.

Contains: Soy.

ONE A DAY®

COMPLETE MULTIVITAMIN
with ingredients to help keep teen boys strong and healthy:*

HEALTHY MUSCLE FUNCTION
Magnesium

HEALTHY IMMUNE SYSTEM
Vitamin C, Vitamin E, Beta-Carotene, Selenium, Zinc, Iron

ENERGY
Vitamin B6, Vitamin B12, Thiamin, Riboflavin, Niacin

BONE STRENGTH
Calcium, Vitamin D, Magnesium, Zinc, Vitamin K, Copper, Manganese

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Questions or comments?
Please call 1-800-800-4793 (Mon-Fri 9-5 EST)
Visit our website at www.oneaday.com

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Does not contain aspirin

Bayer

BAYER Bayer HealthCare

Made in U.S.A.
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Consumer Care
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EXPIRATION DATE:

ONE A DAY®

Teen Advantage

for **Him**