

Suggested Use: 3 or more capsules daily with meals. This product can be further enhanced with the use of the *ULTRA Multi* or one of the other Altrum multitis.

Store in a cool, dry place.

A revolutionary
mineral complex
of calcium,
magnesium and
other minerals
and nutrients.

*"The Altrum
Nutritional Line was
founded by my dad,
A.J. Amatuzio, to
ensure our health,
and help us reach our
fullest potential. We
continue this proud
family tradition today
with our Ultra
Calcium Complex".*

Lyn Amatuzio

Altrum
Caring About Your Life



Ultra
Calcium
Complex
Dietary Supplement
90 Capsules

Supplement Facts

Serving Size: 3 Capsules

Three Capsules Provide		DV
Vitamin D (Cholecalciferol)	200 iu	50%
Calcium (Carbonate, Aspartate, Citrate)	500 mg	50%
Magnesium (Oxide, Aspartate, Citrate)	200 mg	50%
Chromium (Amino Acid Chelate)	50 mcg	42%
Selenium (Amino Acid Chelate)	50 mcg	71%
Boron (Citrate)	3 mg	**
<i>Calcium Mag Absorption Assimilation proprietary blend:</i>		
Glutamic Acid, L-Arginine, L-Lysine, Phytase	140 mg	**

**Daily Value (DV) not established

Other ingredients: rice flour, calcium stearate

Distributed by Altrum Nutrition Div. of AMSOIL INC.
Superior, WI 54880 (715) 392-7101

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