Complete Multivitamin with More

Formulated to Support:*
- Heart Health
- Healthy Blood Pressure††
- Immunity
- Physical Energy

OFFICIAL SPONSOR

MEN'S HEALTH FORMULA

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Specialized Formula with More of What Matters to Men

Formulated to Support:*

Heart Health	with Vitamins B6, B12, C, E and Folic Acid
Healthy Blood Pressure††	with Vitamin C, Calcium, Magnesium and more† Vitamin D
Immunity	with Vitamins A, C, E and Selenium
Physical Energy	with Vitamins B6, B12, Pantothenic Acid, Chromium and Folic Acid

† With 25% DV more Vitamin D than Centrum® Men's (700 IU vs. 600 IU)
†† To help maintain blood pressure levels already within the normal range

Does Not Contain Iron

ONE A DAY MEN'S

EXPIRATION DATE

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.
Does not contain aspirin.

WITH HEART HEALTH SUPPORT*

ONE A DAY® MEN'S

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

MEN'S HEALTH FORMULA

100 TABLETS

BAYER

ONE A DAY® MEN'S

More of What Matters to You®

OFFICIAL SPONSOR

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (14% as beta-carotene)	3500 IU	70%	Niacin	16 mg	80%	Magnesium	120 mg	30%
Vitamin C	60 mg	100%	Vitamin B6	3 mg	150%	Zinc	15 mg	100%
Vitamin D (as Vitamin D3)	700 IU	175%	Folic Acid	400 mcg	100%	Selenium	110 mcg	157%
Vitamin E	22.5 IU	75%	Vitamin B12	18 mcg	300%	Copper	2 mg	100%
Vitamin K	20 mcg	25%	Biotin	30 mcg	10%	Manganese	2 mg	100%
Thiamin (B1)	1.2 mg	80%	Pantothenic Acid	5 mg	50%	Chromium	120 mcg	100%
Riboflavin (B2)	1.7 mg	100%	Calcium (elemental)	210 mg	21%	Lycopene	300 mcg	*
			Iron	0 mg	0%			

*Daily Value not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Croscarmellose Sodium, Gelatin, Maltodextrin; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Crospovidone, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Folic Acid, Hydroxypropyl Methylcellulose, Lycopene, Manganese Sulfate, Niacinamide, Phytonadione, Purified Stevia Extract, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenate, Soybean Oil, Starch, Stearic Acid, Thiamine Mononitrate, Vitamin A Acetate, Zinc Oxide.

A COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO MEN

*One A Day® Men's Health Formula is a complete multivitamin specially formulated for the leading health concerns of men. It contains key nutrients to support heart health and more† Vitamin D than Centrum® Men's to support healthy blood pressure.††**

† With 25% DV more Vitamin D than Centrum® Men's (700 IU vs. 600 IU)
†† To help maintain blood pressure levels already within the normal range

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Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
Visit our website at www.oneaday.com

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