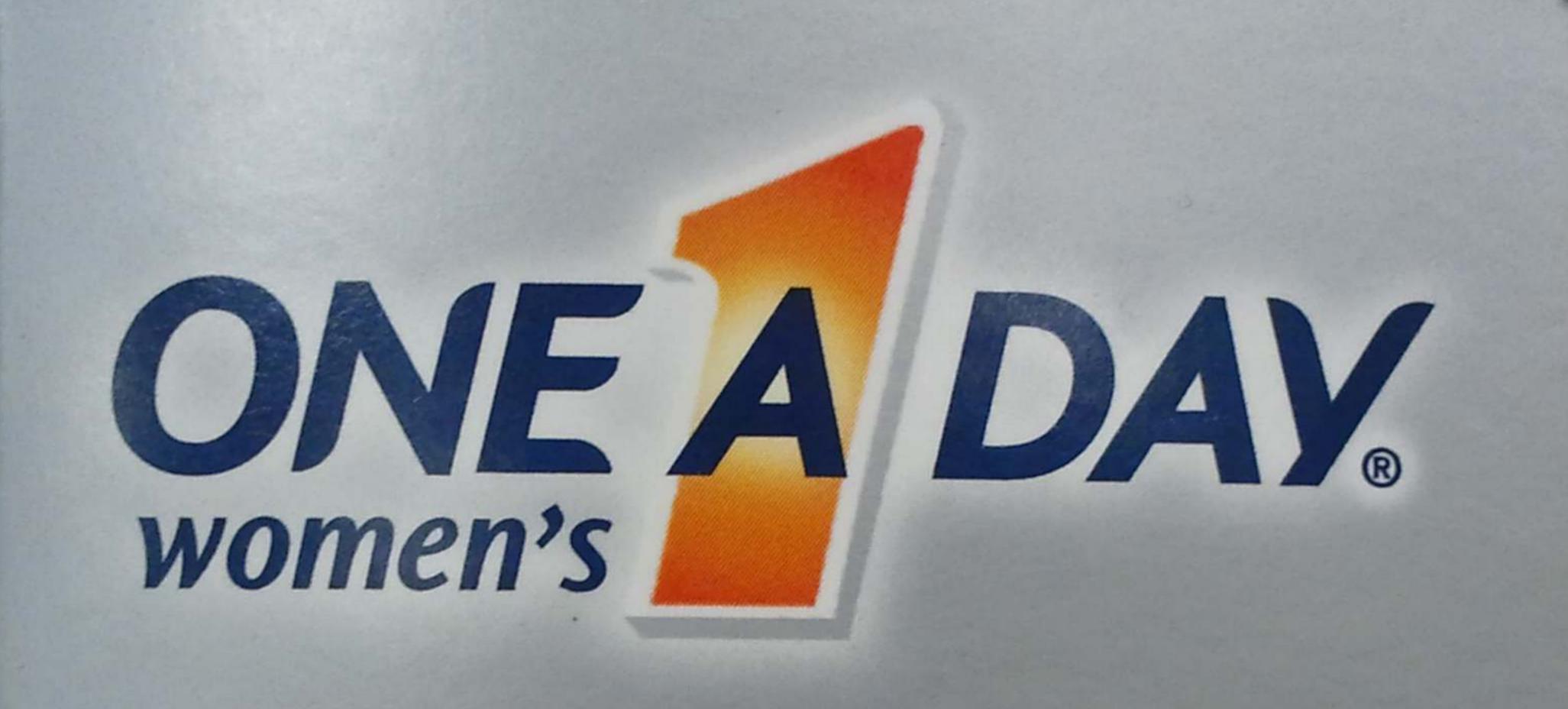


by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



More of What Matters to Your



irections: Adults: One tablet daily, with food.

Supplement Facts Serving Size: One tablet

	Amount Per Serving	% Daily Value
Vitamin A	3500 IU	70%
(20% as beta	a-carotene)	
Vitamin C	120 mg	200%
Vitamin D	1000 IU	250%
(as Vitamin D	3)	
Vitamin E	30 IU	100%
Vitamin K	20 mcg	25%
Thiamin (B ₁)	4.5 mg	300%
Riboflavin (B	2) 3.4 mg	200%

	Amount Per Serving	% Daily Value
Niacin	20 mg	100%
Vitamin B6	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B ₁₂	25 mcg	417%
Biotin	30 mcg	10%
Pantothenic Aci	id 15 mg	150%
Calcium	500 mg	50%
(elemental)		
Iron	0 mg	0%

	Amount Per Serving	% Daily Value
lodine	150 mcg	100%
Magnesium	50 mg	13%
Zinc	24 mg	160%
Selenium	27 mcg	39%
Copper	2.2 mg	110%
Manganese	4.2 mg	210%
Chromium	180 mcg	150%
Molybdenum	90 mcg	120%

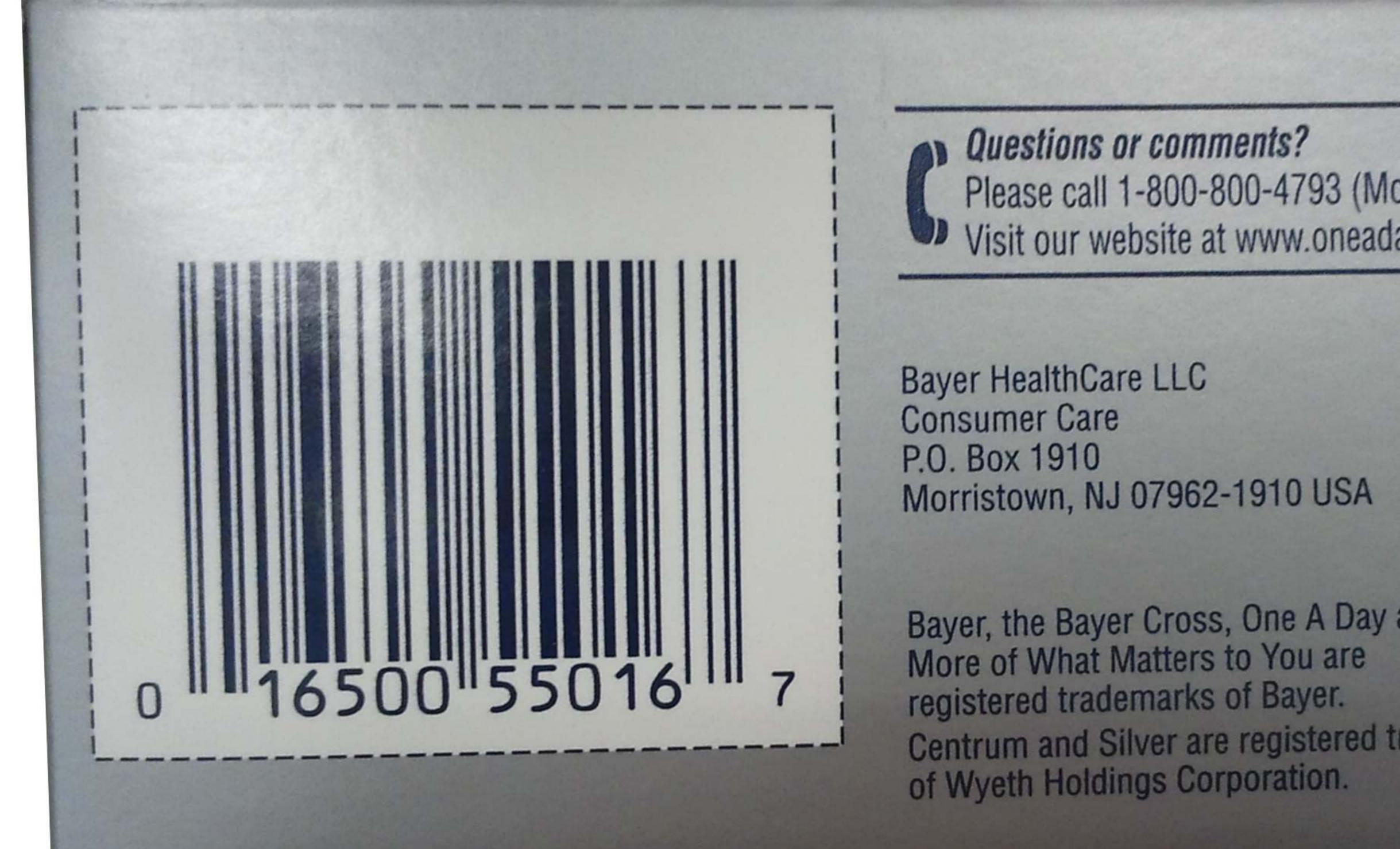
INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Magnesium Oxide, Maltodextrin; Less than 2% of: Artificial Flavor, Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Croscarmellose Sodium, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, FD&C Yellow #5 (tartrazine) Lake, FD&C Yellow #6 Lake, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Manganese Sulfate, Niacinamide, Phytonadione, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Soybean Oil, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide.

COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO WOMEN 50+ As a women over 50, you want to support your body as you age. One A Day® Women's 50+ Healthy Advantage is a specially designed multivitamin to help address many of a woman's health concerns as she ages, as well as the health of her cells. Now it has more of 7 cell-protecting antioxidants† to help support your cells.*

†With 20% DV more Vitamin A (3500 IU vs. 2500 IU), 100% DV more Vitamin C (120 mg vs. 60 mg), 25% DV more Vitamin E (30 IU vs. 22.5 IU), 10% DV more Zinc (24 mg vs. 22.5 mg), 10% DV more Selenium (27 mcg vs. 20 mcg), 10% DV more Copper (2.2 mg vs. 2 mg), and 10% DV more Manganese (4.2 mg vs. 4 mg) than previous formula.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

P.O. Box 1910



Questions or comments? Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)

Visit our website at www.oneaday.com

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KEEP OUT OF REACH OF CHILDREN

Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Does not contain aspirin.