



Thiamin (B<sub>1</sub>) 100% | Zinc 100% Riboflavin (B2) 100% | Selenium Vitamin B6 100% | Manganese Folic Acid 100% | Chromium

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Magnesium Oxide, Maltodextrin, Ascorbic Acid, Ferrous Fumarate, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Gelatin, dl-Alpha-Tocopheryl Acetate, Zinc Oxide, Titanium Dioxide (color), Niacinamide, Stearic Acid, Silicon Dioxide, D-Calcium Pantothenate, Manganese Sulfate, Polyethylene Glycol, Cupric Oxide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Vitamin A Acetate, Soybean Oil, Chromium Chloride, Folic Acid, Beta-Carotene, FD&C Yellow #5 (tartrazine) Lake, FD&C Yellow #6 Lake, FD&C Blue #2 Lake, Sodium Selenate, Biotin, Phytonadione, Cholecalciferol, Cyanocobalamin. Contains: Soy.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

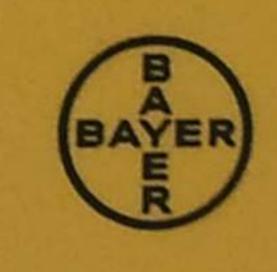
A COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO WOMEN Bone strength and breast health are not just issues for older women. You can start to lose bone mass‡ as early as your 30's and you need to monitor your breast health as early as possible. One A Day® Women's is a complete multivitamin specially formulated for leading health needs of women. It contains a high level of Calcium to promote strong bones and more† Vitamin D than Centrum® Ultra Women's to support breast health. Emerging research suggests the daily consumption of 1,000 IUs of Vitamin D is associated with support of breast health.\*

With 50% DV more Vitamin D than Centrum® Ultra Women's (1000 IU vs 800 IU) Moderate bone loss with inadequate calcium intake.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Questions or comments? Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST) Visit our website at www.oneaday.com



Morristown, NJ 07962-1910 USA

women's

More of What Matters

to You

Bayer, the Bayer Cross and One A Day are registered trademarks of Bayer. Centrum is a registered trademark of Wyeth Holdings Corporation.