

**MORE FREE ♦ 10 MORE FREE ♦ 10 MORE FREE ♦ 10 MORE FREE ♦ 10 MORE**

**\*\*Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat and cholesterol content.**

**Cholesterol Free fish oil contains EPA and DHA, two Omega-3 fatty acids that help support and maintain the health of your cardiovascular system.\* Omega-3 fatty acids are considered "good" fats important for cellular, heart and metabolic health and help maintain triglyceride levels already within a normal range.\* Nature's Bounty Fish Oil is purified to eliminate heavy metal contaminants such as mercury, PCBs and dioxins.**

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



**Nutrition Questions or Comments?**  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET  
For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



USA  
3004329138  
EEC

Prod. No. 3832 B18076 16L

**NATURE'S BOUNTY**

**CHOLESTEROL FREE**

**Fish Oil**

**1000mg**

**300 mg  
of Omega-3**

**May Reduce  
Risk of Coronary  
Heart Disease\*\***  
(see side panel)

**RAPID RELEASE  
LIQUID SOFTGEL**



*Purified to Eliminate  
Mercury, PCBs & Dioxins*

~~100~~ **110** softgels

**DIETARY SUPPLEMENT**

**DIRECTIONS:** For adults, take one (1) softgel three times daily, preferably with meals.

**Supplement Facts**

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%***
Cholesterol	0 mg	0%
Fish Oil	1,000 mg (1 g)	****
provides 300 mg of Total Omega-3 Fatty Acids†		****
comprising of:		
EPA (Eicosapentaenoic Acid)		****
DHA (Docosahexaenoic Acid)		****
Other Fatty Acids		****

\*\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

**Marine Lipid Concentrate.**

Laboratory tested to meet strict quality control standards for potency and purity.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.**

Carefully Manufactured by **NATURE'S BOUNTY, INC.**  
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