

**Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Nature's Bounty Fish Oil provides 300 mg total of EPA, DHA and other omega-3 fatty acids. See nutrition information for total fat and cholesterol content.

Fish Oil contains EPA and DHA, two Omega-3 fatty acids that help support and maintain the health of your cardiovascular system and circulatory system. Omega-3 fatty acids are considered "good" fats, and help maintain triglyceride levels already within a normal range.* Nature's Bounty Fish Oil is purified to eliminate heavy metal contaminants such as mercury, PCBs and dioxins.*

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



USA
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EEC

Prod. No. 3830 B35859 26J

NATURE'S BOUNTY

Fish Oil

1000mg | 300 mg of Omega-3

May Reduce the Risk of Coronary Heart Disease**

(see side panel)

RAPID RELEASE LIQUID SOFTGEL



50 softgels

Purified to Eliminate Mercury, PCBs & Dioxins



DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%***
Cholesterol	5 mg	2%
Fish Oil	1,000 mg (1 g)	****
provides 300 mg of Total Omega-3 Fatty Acids† comprising of:	****	
EPA (Eicosapentaenoic Acid)	****	
DHA (Docosahexaenoic Acid)	****	
Other Fatty Acids	****	

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

Product of Peru

†As Natural Triglycerides

Marine Lipid Concentrate. Purified to eliminate mercury.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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