

"World's Best Multi"

The *Ultra Multi* is the ultimate, state-of-the-art, *All-In-One Multi*, composed of over 130 premium ingredients and formulated with over 25 years of breakthrough research... with an exclusive Superfood/Herbal Base of 1400 mg. and Super Antioxidant/Bioflavonoid Blend of 266 mg.

This unique formula is balanced, complete and whole providing significant levels of every nutrient required for optimum health and vitality.

SUGGESTED USE: Six tablets daily, preferably 2-3 tablets with each meal.

Contains no: yeast, wheat, corn, sweeteners, artificial coloring, or added animal derivatives.

**Aminoates (Enzymatic protein chelation of the minerals for maximum absorption.)*

Product color may change over time due to natural ingredients. Store in a cool dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Altrum™



Ultra Multi

Multi-Vitamin, Mineral,
Superfood, Herbal Supplement

180 Tablets

SUPPLEMENT FACTS

Serving Size 6 Tablets

	6 Tablets Provide	% DV
Vitamin A (50% Beta-Carotene, 50% Palmitate)	10,000 I.U.	200
Vitamin C (Ascorbic Acid, Rosehips)	500 mg	833
Vitamin D-3	400 I.U.	100
Vitamin E (Natural)	100 I.U.	333
Vitamin K-1	30 mcg	37
Thiamine (Vitamin B-1)	22 mg	1500
Riboflavin (Vitamin B-2)	25mg	1500
Niacin - Niacinamide (1:1 mix) (Vitamin B-3)	80 mg	400
Pyridoxine (Vitamin B-6)	30 mg	1500
Folic Acid	800 mcg	200
Cyanocobalamin (Vitamin B-12)	90 mcg	1500
Biotin	300 mcg	100
Pantothenic Acid	80 mg	800
Calcium (Aminoate/ Carbonate/ Citrate blend, Dicalcium phosphate)	480 mg	48
Iron (Aminoate)	18 mg	100
Iodine (from Kelp)	200 mcg	133
Magnesium (Aminoate, Oxide)	200 mg	50
Zinc (Aminoate)	22 mg	147
Selenium (L-Selenomethionine)	85 mcg	120
Copper (Aminoate)	1 mg	50
Manganese (Aminoate)	16 mg	800
Chromium (Aminoate, Polynicotinate)	120 mcg	100
Molybdenum (Aminoate)	50 mcg	67
Phosphorous (Aminoate)	50 mg	6.25
Potassium (Citrate)	90 mg	2.25

6 Tablets Provide % DV

OTHER DIETARY INGREDIENTS

Bioflavonoids (mixed citrus, acerola cherry)	60 mg	*
Coenzyme Q10	500 mcg	*
Propolis	10 mg	*
Pine Bark Extract	10 mg	*
Green Tea	90 mg	*
Grapeskin	10 mg	*
Grapeseed Extract	20 mg	*
Quercetin	20 mg	*
Rutin	30 mg	*
Hesperidin Complex	16 mg	*
MSM (Methylsulfonylmethane)	300 mg	*
Boron (Citrate)	1 mg	*
Silica (Silicon dioxide)	10 mg	*
Vanadium (Aminoate)	30 mcg	*
Choline	60 mg	*
Inositol	60 mg	*
PABA (Para-aminobenzoic acid)	60 mg	*
L-Glutamic Acid (HCl)	60 mg	*
Betaine (TMG - Trimethylglycine)	60 mg	*
Octacosanol (from vegetables)	1000 mcg	*
Rice Bran	60 mg	*
Amino Acid Complex (18 Amino Acids)	1200 mg	*
Fiber (Vegetable)	360 mg	*
Special plant fiber (pine or eucalyptus)	120 mg	*
Vegetable cellulose	900 mg	*
Lecithin (includes the following Fatty Acids)	100 mg	*
Linoleic 58 mg, Palmitic 18 mg, Stearic 4 mg, Oleic 10 mg, Linolenic 6 mg		
Trace Minerals (Ancient Sea Minerals)	25 mg	*

6 Tablets Provide % DV

ENZYMES

Bromelain (Pineapple)	30 mg	*
Papain (Papaya)	30 mg	*

1400 mg. Superfood - Herbal Base

Tomato Concentrate (1% Lycopene)	110 mg	*
Sea Vegetable Complex (Nori, Wakame, Kelp, Bladderwrack)	80 mg	*
Ginkgo Biloba {leaf} extract equivalent to	50 mg	*
Eleuthero ("Siberian Ginseng") {root} extract equivalent to	50 mg	*
American Ginseng {root}	50 mg	*

SUPERFOODS

Bee Pollen, Spirulina, Chlorella, Barley Grass, Alfalfa, Parsley.	300 mg	*
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PHYTONUTRIENT

VEGETABLE

CONCENTRATES	298 mg	*
Broccoli, Spinach, Carrot, Cauliflower, Kale, Beet, Brussel Sprout, Celery.		

HERBS

Gotu-Kola {herb}, Fo-Ti (He Shou Wu) {root}, Sarsaparilla {root}, Ginger {rhizome}, Dandelion {root}, Peppermint {leaf}.	262 mg	*
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HERBAL EXTRACT BLEND

Equivalent to Herbal Powder	200 mg	*
Astragalus {root}, Schizandra {fruit}, Rehmannia {root}		

* Daily Value (DV) not established

Other ingredients: Vegetable stearic acid, magnesium stearate, calcium stearate

Distributed by **Altrum Nutrition Div. of AMSOIL INC.**

Superior, WI 54880 (715) 392-7101

PRODUCT CODE

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