

This liquid provides an excellent source of B-Complex vitamins to help safeguard a sufficient daily intake. The B-Complex is essential for the maintenance of healthy nervous tissue.* The B Vitamins play a role in energy metabolism in the body.*

No Artificial Color or Flavor, No Sugar, No Starch,
No Milk, No Lactose, No Soy, No Gluten, No Wheat,
No Yeast, No Fish.

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon.-Sat. 9 AM - 7 PM ET

For educational health tips and to join our
money saving Healthy Rewards™ program, visit
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NATURE'S BOUNTY.

**SUBLINGUAL
LIQUID**

B with **B12**
Complex



GREAT TASTING



ALCOHOL FREE



EASY TO TAKE LIQUID



CALIBRATED DROPPER INSIDE

**Supports
Energy Metabolism***

Fast Acting

59 doses
2 fl. oz. (59 mL) (59 cc)

**DIETARY
SUPPLEMENT**

Prod. No. 2871

Supplement Facts

Serving Size 1 mL (cc)

Servings Per Container 59

Amount Per Serving	%Daily Value
Riboflavin (Vitamin B-2) 1.7 mg (as Riboflavin 5'-Phosphate Sodium)	100%
Niacin (as Niacinamide) 20 mg Vitamin B-6 2 mg (as Pyridoxine Hydrochloride)	100%
Vitamin B-12 1,200 mcg (1.2 mg) (as Cyanocobalamin)	20,000%
Pantothenic Acid 30 mg (as Dexpantenol)	300%

Other Ingredients: Purified Water, Sorbitol, Vegetable Glycerin. **Contains <2% of:** Citric Acid, Natural Flavor, Potassium Sorbate (preservative).

DIRECTIONS: SHAKE WELL before use. For adults, place one (1) mL (cc) under the tongue and hold there for 30 seconds before swallowing, up to four times daily.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer seal is broken or missing.

Contains no alcohol.

Refrigeration is not required.

Suitable for Vegetarians

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.